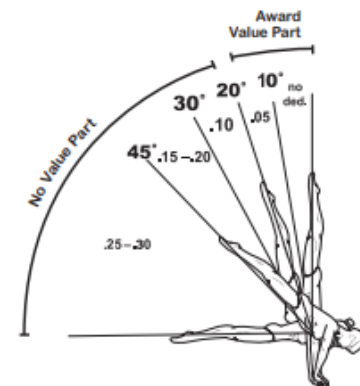


USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 7 UNEVEN BARS

VALUE PARTS (VP)	SPECIAL REQUIREMENTS (SR)	MISCELLANEOUS	NO COMPOSITIONAL REQUIREMENTS
<p>_____ 5 A (0.1)</p> <p>_____ 2 B (0.3)</p> <p>_____ 0 C (0.5)</p> <p>_____</p> <p><u>Allowable:</u></p> <p>▪ Any allowable C</p> <p>▪ Count C as B VP</p>	<p>(0.5 each)</p> <p><input type="checkbox"/> Cast to handstand</p> <p><input type="checkbox"/> Two 360° clear circle elements, same or different:</p> <p> <input type="checkbox"/> One minimum B</p> <p> <input type="checkbox"/> One from groups 3/6/7</p> <p><input type="checkbox"/> A salto dismount</p> <p>_____</p> <p><input type="checkbox"/> Restricted elements - no VP credit & (0.5 each)</p>	<p>▪ Allowable C's:</p> <ul style="list-style-type: none"> ▪ Cast HS with 1/2 ▪ Clear hip HS, also with 1/2 ▪ Stalder HS, also with 1/2 ▪ Toe-on HS, also with 1/2 (1/2 turns to regular grip only) <p>▪ Restricted:</p> <ul style="list-style-type: none"> ▪ Any other C elements ▪ All D/E elements <p>▪ Short exercise (< 5 VPs): CJ deducts 2.0 from average</p>	<p>▪ Cast to handstand SR awarded when angle is a minimum of 45°. Angle deductions will apply.</p> <p>▪ This is exception to rule that SRs must be fulfilled w/ VPs.</p> <p>▪ Cast below 45°: No SR credit and deduct 0.25-0.3 for amplitude.</p>



#		10.0
	VP (-)	
	SR (-)	
	SV	
	execution	
	dynamics	
	score	
	AVERAGE	