USAG DEVELOPMENT PROGRAM SCORE SHEET 2022-26

LEVEL 9 UNEVEN BARS

VALUE PARTS (VP)

_____ 3 A (0.1)
_____ 4 B (0.3)
_____ 1 C (0.5)

_____ D/E (+ 0.1)

Allowable:
- Any number of B/C root elements w/ 180° or 360° turn in HS
- One restricted D/E
- Count D/E as C for CV
- First D/E = +0.1

SPECIAL REQUIREMENTS (SR)

(0.5 each)

☐ 2 bar changes
☐ B flight
☐ C flight (different)
OR
B LA turn (no mount/dismount)
☐ B salto dismount

☐ >1 Restricted element w/ or w/o VP credit (0.5 each)

CONNECTION VALUE (CV)

	0.1	0.2
No turn/flight Must be different	C+C	
Both elements with turn/flight		C+C

COMPOSITION

CHOICE OF ELEMENTS

1. Forward circle/release (B)
2. 3/6/7 element (B)
3. Minimum 180° LA turn (C)
4. Single bar release (D)

expected	2 of 4
0.10	1 of 4
0.20	0 of 4

DISMOUNT UP TO LEVEL

expected	C
0.05	C B
0.10	B B

MISCELLANEOUS

No direction change	0.1
Uncharacteristic elements	0.1 each
3/4 giant forward	0.1
Handstand precision	↑ 0.1
Dynamics	↑ 0.2
Short exercise (<5 VPs) — CJ	2.0

#

	9.7
VP (-)	
SR (-)	
CV (+)	
D/E (+)	
SV	
execution	
composition	
score	
AVERAGE	

T. Parsons 9/2025