

BONUS			9.4 START VALUE on UB, BB & FX (+6 Bonus: minimum +0.10 "D/E" & minimum +0.10 CV; remaining .4 may be D/E or CV for max SV of 10.0)																																																																									
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<p>*Both C elements must have flight or turn but if C connected to D/E then C not required to have flight/turn</p> <p>*If 2 C 3/6/7 skills connected then do not need turn/flight to receive CV but both C 3/6/7 skills must be different</p> <p>**Exceptions: [3.4]</p> <ul style="list-style-type: none"> Maloney + Pac Salto D + D = +.1 CV Maloney + Underswing 1/2 w/ flight to HS on LB D + D = +.1 CV (both receive +.2 D/E) 			<p>EXCEPTIONS [4.4]:</p> <ol style="list-style-type: none"> B + C Acro Flight = No Bonus B+D Acro Flight: BHS+Layout Pike down w Ft together = +.1CV (not .2) Back HS Series w: Back Salto Layout Step-out (D) OR Aerial Walkover (D) - Receives 'D' Bonus but considered 'C' for purposes of Connection Value - Inc. BHS Step-out or 2 Ft, Gainer BHS, BHS Swing-down. In any order. Examples: BHS + LO Step-out, B+D, receives +.1D & NO CV (B+C) - Aerial WO + BHS, D+B, receives +.1D & NO CV (C+B) - BHS+BHS+LO Step-out, B+B+D, receives +.1D, +.1CV, + Additional .1 - RO+LO Step-out, B+D, receives +.1 D, +.2 CV (B+D, not a BHS Series) - BHS+LO+LO, B+B+D, receives +.1D, +.2CV (D+D), + Additional .1 <p>**Dsmnt Examples: RO + 1 1/2; Valdez + GainerLO 1/1; SwitchLeap + GainerLO 1/1</p>			<p>*Turn followed by Jump MAY receive CV if directly connected [5.5 a]</p> <p>**Acro elements in mixed series must be salto or flight elements w or wo hands</p>																																																																						

EXECUTION (as per USAG Dev Level 10)

UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
Insufficient angle of arrival on flight to HS from LB .05	Feet apart on side position landing of leap/jumps each → 0.1	Failure to show synchronization of music w/ ending pose 0.10
Swing forward or backward under horizontal each → 0.1	Hesitation in jump, press, swing to HS each → 0.1	Feet apart on landing of leap/jump/hops each → 0.1
Under-rotation of release/flight elements → 0.1	Incorrect body position/alignment in Dance VPs each → 0.1	Incorrect Rhythm during execution of direct connection each → 0.1
Precision of handstand positions throughout → 0.1	Lack of precision in Dance elements each → 0.1	Incorrect body position/alignment in dance VPs each → 0.1
Insufficient extension of glides/swing into kips → 0.1	Group 3 Turns not performed in high relevé each → 0.1	Lack of precision in Dance elements each → 0.1
Poor rhythm in elements/connections → 0.1	Landing too close to beam on dismount 0.1	Failure to perform Group 2 Turns in high relevé each → 0.1
Hesitation in jump or swing to HS → 0.1	Concentration pause - 2 sec. each 0.10 More than 2 sec. each 0.2	Concentration pause (2 sec. or more) each 0.1
Touch, brush of foot/feet on apparatus/mat each → 0.1	Rhythm of connection-dance/mixed/acro (not bkwd flight) each → 0.2	Legs not parallel to floor in split or straddle pike position → 0.2
Landing too close to bars on dismount 0.1	Insufficient split when required (dance/acro/non-flight walkover-type VP) → 0.2	Insufficient height of leaps/jumps/hops each → 0.2
Insufficient Amplitude of elements (exc *below) ea → 0.2	Legs not parallel to beam in split or straddle pike → 0.2	Insufficient height of Acro flights w hand support & Aerials each → 0.2
Insufficient Dynamics → 0.2	Insufficient Dynamics → 0.2	Insufficient split when required (Dance/Acro/Non-flight walkover-type VP) → 0.2
Hit of foot/feet on apparatus 0.2	Insufficient height of leaps/jumps/hops each → 0.2	Insufficient Dynamics → 0.2
Incorrect padding (heel/hip) CJ 0.2	Insufficient height of Acro Flights, Aerials & Saltos each → 0.2	Insufficient variation in Rhythm/Tempo throughout → 0.2
Insufficient height of salto dismount * → 0.3	Insufficient Sureness of performance – throughout → 0.2	Relaxed/incorrect footwork in non-VPs throughout → 0.3
Insufficient extension (open) of tuck/pike prior to landing dismount → 0.3	Insufficient variation in Rhythm/Tempo – throughout → 0.2	Poor relationship of music & movement throughout → 0.3
Insufficient Amplitude of casts * → 0.3	Support of 1 leg against side of BB each 0.2	Insufficient height of saltos each → 0.3
Insufficient Angle of turn completion → 0.3	Relaxed/incorrect footwork in non-VPs throughout → 0.3	Insufficient extension (open) of tuck/pike prior to landing Acro elements → 0.3
Hit of foot/feet on mat 0.3	Relaxed/incorrect footwork in non-VPs throughout → 0.3	Incorrect body alignment/position/posture in non-VPs throughout → 0.3
Grasp on apparatus to avoid a fall 0.3	Insufficient height of salto dismount → 0.3	Artistry/Presentation (Choreography, quality of movement, expression) → 0.3
Extra swing/cast (Max 0.5 per element) 0.3	Additional movements to maintain balance on the beam → 0.3	Music with words/lyrics CJ 0.5
Insufficient Amplitude of B Clear hip circles * → 0.4	Direction on gainer dismount off end of beam → 0.3	Absence of music CJ 0.5
Full support on foot/feet on mat during routine 0.5	Insufficient extension/open of tuck/pike prior to landing acro elem/dismount → 0.3	
	Incorrect body alignment/position/posture in non-VPs - throughout → 0.3	
	Grasp of beam to avoid a fall 0.3 Use of supplemental support 0.3	
	Artistry/Presentation (Choreography, quality of movement, expression) → 0.3	
		ALL EVENTS [1.5 c] FAILURE TO HOLD FINISH POSITION FOR 1 SECOND 0.5

GENERAL

Elements: 3A, 3B, 2C **START VALUE (SV) :**9.4
Bonus: minimum +.10 D/E & +.10 CV; +.40 D/E or CV

SCORING [1.9]

-Open scoring will be used at all meets.
 -Judges are to sit apart. (Exc. 6 judge panel on V & UB)
 -All scores will be flashed and rotated, but only the average score will be raised and rotated.
 -Each judge shall give final score to flasher. Judges shall then flash SV, final scores (& UTL card) simultaneously.

SCORING RANGE [1.9 f]

The range of scores is determined by the 2 or 4 counting scores. If average score is between those listed below then the counting scores must be within the range of:

9.8 – 10.0	0.1
9.5 – 9.775	0.2
9.0 – 9.475	0.3
8.0 – 8.975	0.5
Below 8.0	1.0

*regular season only (0.2 post season)

CONFERENCES **CJ or Panel Judge may call** only when counting scores are out of range, if impossible SV, UTL that can impact score, **an impossible score**, computer input error OR if inquiry submitted. **[1.9 g] TIMING** BB/FX routines, & falls on UB/BB must be timed. There will be a 45 sec. FALL Time for UB & BB. **INJURY ASSESSMENT:** Additional time (up to 2 min.) may be added to assess an injury if deemed necessary. If an athlete is deemed able to resume their routine, the 45 sec. fall time will begin after the injury assessment has concluded. **CJ is responsible for monitoring time [See 1.7 for protocol]**

UNSPORTSMANLIKE CONDUCT [1.12]

Any Panel Judge, Chief Judge or Meet Referee (MR) can issue a yellow card for an instance of unsportsmanlike conduct using the following procedure:

- A. The yellow card is a warning that can be issued to any coach, student-athlete or staff member (Head Coach will be notified of issuance).
- B. If a 2nd yellow card is issued to the same or different person, this will result in a **.10 TND**. (Ex: If 2 different staff members receive 1st yellow card, the **.10 TND** is incurred.)
- C. A coach receiving 1st & 2nd yellow card may remain on the competition floor for safety purposes only (ie spotting, equipment adjustment).
- D. MR will submit a Yellow Card Incident Report to document both warnings & infractions (found in Supplemental Procedures/Forms). **[Refer to Appendix II B.1 & .2 for definitions, procedure]**

EQUIPMENT SPECIFICATIONS [6.1] (See 6.1 for additional specifications)

- Allowable entry pad is the TAC-10 RO pad which may be used only for RO or Front HS onto board entry vaults.
- Athletic tape or Velcro strips (NO CHALK) may be placed on the vault runway, provided that such markings are removed no later than the end of the rotation. The tape measure is to be used to determine where to begin the approach for vault. Chalk only may be used on the student-athlete as needed (e.g., hands, feet, legs).
- If a gymnast has a broken/torn grip it is considered equipment failure & she may repeat her routine as the last team competitor or after the AA competitor (specialist). Judging will begin at the point of interruption with no fall penalty applied. If this does not allow sufficient time to change grips or to prepare, the gymnast will repeat the routine as soon as it is safe to do so. However, the time should not exceed 5 min.
- If a gymnast knocks off beam end cap during dismount, this is NOT considered equipment failure. All performance deductions will be taken. May repeat dismount (series) & would be eligible for VP credit & Bonus, as with any fall.
- If a plywood board is used under the springboard for mounting bars and beam, then it must be a ½" plywood board with a non-skid surface on both sides.
- A chalk arc line may be placed on the corners of the floor exercise mat.
- Tape is not allowed in the center of FX mat **except for small pieces (same color as carpet) on the inside corner of 2-tone carpet boundary.**
- It is allowable to mount off a 4 inch mat on top of a sting on Uneven Bars and Balance Beam.
- A total of 2 alternate skill cushions are permitted (but not required) for regular season. If available, they may be used on any event during warm-up & touch. During competition, only allowed for UB releases, not for dismounts. **May be on top of 8" skill; BOTH must be removed.**

EQUIPMENT PENALTIES [6.2]

- All equipment must be used as intended by manufacturer. A **.20 TND** may be incurred for improper use (ex: scratching marks onto BB, using improperly folded mats, improper use that damages equipment).
- Foreign substances may NOT be placed on the hands &/or feet of the gymnasts or any piece of equipment (e.g.: honey & sugar, tuff skin, etc.). Water, Chalk, AAI solutions & AAI hand **Tac10** towels are the only acceptable substances. Use of foreign substances will incur a one-time **.2 TND**.
- If a mat used on FX exceeds the boundary lines, it must be clearly marked **with tape** (not chalk) to indicate actual boundary lines. Failure to correctly mark will result in a **.20 TND** for each occurrence.
- No more than 2 supplemental mats are permitted on the FX at once. Only 1 sting mat OR 4" mat may be used per tumbling pass/leap combination (may not punch off 1 mat & land on another). However **a sting may be placed on top/under a 4" mat, counting as the 2 mats permitted on the FX at once. 2 Sting mats cannot be stacked.** Incorrect use of mats on FX will incur a **.2 TND** each time.
- The following will incur a **.2 TND** for each occurrence on the applicable event:
 --incorrect use of chalk/tape, to include: Chalk on Vault runway, Tape on Beam, Tape or Velcro within boundary lines on FX **(except small boundary marking)**, tape on RO pad.
 --Use of unauthorized supplemental mats. Maximum 10" of matting on top of the competition landing mat (V/UB/BB) is permitted (ex: 2 4" landing mats + 2" sting, OR 8" skill cushion + a 2" sting)
 --Use of RO mat for traditional forward approach vaults.
 --Use of springboard on unauthorized surface.
 --Failure to remove board after mount, or authorized spotting device after use.

ADDITIONAL GENERAL

2-minute Transitions prior to and during Competition: gymnasts are allowed to use matting around the apparatus to stretch, invert & prepare as needed for the 4-min. touch, however the apparatus must not be mounted or used for gymnastics skills during this time. On FX jumping, bouncing, running, stretching type of warm-up activity is allowed however gymnastics skills are not allowed on the FX apparatus. Gymnasts may use the Vault runway to prepare for the 4-min. touch warm-up on Vault. **[See 8.3.b 1, 2 & 5 for more Specifics]**

Incomplete Routines: Judges calculate SV and submit scores as usual. If SV's are impossible or scores are out of range, Chief Judge may postpone calling the conference until end of rotation. CJ posts "Delayed Conference" red card so that participants know that scoring for this routine will be delayed; CJ then signals next athlete. Panel convenes at end of rotation to conduct delayed conference and then posts score. **[1.9 h]**

Missing/Late Official Protocol - see 8.1 h, 8.8

Appendix III – Standards/Duties of Judges (inc. Meet Ref Duties & Responsibilities)

UNIFORMS [1.10]

An institution's official uniform and all other items of apparel (i.e., tights, t-shirts, warm-ups, tennis shoes) must be identical if worn on either practice or competition day. During the march in and awards ceremony, team members must be in identical warmup apparel.

Gymnasts may have name &/or number on warm-up apparel and leotard as long as all team members use a similar font type and color...Nicknames not permitted. [See 1.10 b for Specifics].

- A. Student-athletes must wear matching, one-piece leotards (long sleeve or sleeveless) & may wear any undergarments that are the same color as leotard or are skin tone color. No bathing suits.
- B. Athletes permitted to wear spandex shorts or long tights. Any combination of shorts/tights/leo are acceptable as long as it conforms to school's official uniform. If 1+ athlete is wearing spandex shorts/tights, they must match.
- C. The Meet Referee **will inform Head Coach** of any gymnast who does not meet uniform policies. The gymnast must comply with the uniform rules or a **.20 TND will be taken** during team competition or off the individual's score during individual competition.

JEWELRY [1.11]

Gymnasts are only permitted to wear stud piercings. No other jewelry is permitted. After warning, a **.20** deduction will be taken from gymnast's score for each occurrence.

VERBAL CUES [1.6]

Technical Verbal cues by coach to own gymnast (applied after one warning is given) will incur a **.20 TND**.

OUT OF ORDER [1.8]

-There will be a **.10** deduction for competing out of order (taken from team score).
 -Coaches may change their line-up order prior to the event beginning (flag raised by Chief Judge for 1st competitor in competition line-up) by notifying score table and Chief Judge.
 -Once the event has started, coaches may remove and substitute an athlete in the identical line-up position by notifying the Chief Judge at the event.
 -Once a student-athlete signals the Chief Judge to begin her routine on any event, she MAY NOT be substituted with another student-athlete regardless of what occurs following the signal.

NOTE: TND refers to Team Neutral Deduction. Process for applying is in [1.13]. It does not apply to exhibition performers except for Yellow Cards.

MISC

- **The NCAA Rules Modifications document lists the NCAA Special Requirements and Compositional Deductions in total. No other Special Requirements or Compositional Deductions are applicable to collegiate competition unless listed in this document. Please note that the NCAA rules modifications are in effect for both regular and post season competition unless otherwise noted. [1.1]**
- **All NCAA competitions are conducted according to USAG Level 10 rules as of November 1. The Rules Modifications take precedence over the USAG Dev Program Level 10 rules, when different. If the value of a USAG element on events other than vaulting is raised after November 1, the value will be effective immediately. If an element value is lowered after November 1, it will remain at the higher value for NCAA competition until the change is reviewed by the NCAA women's gymnastics committee. [1.2]**

This document is a reference sheet only. Please refer back to the NCAA Women's Gymnastics Rules Modification Document and the USAG Developmental Code of Points, as well as the NCAA Women's Gymnastics Rules Newsletters for **official** language, updates, and clarifications. (Any typos/errors in this document are mine; please contact Deb Yohman at dyohman@me.com.) The NCAA Rules Interpreter is Janette Doucette; submit questions by email only, provide name & institution/judging state when writing to wqym.ncaa.rules@outlook.com

VAULTING [2.1-8]

The USAG Vault Bonus Rule IS NOT IN EFFECT for NCAA competition. Vault numbers will be flashed [see Appendix I, Vault Value Chart, dated September, 2025] Failure to hold finishing position for 1 second - .05 [1.5 c]
The gymnast will perform one vault, the score of which will count. A gymnast is allowed three attempts to complete one vault.

If a gymnast touches the board and/or vault apparatus or inverts on the approach or vault table without going over the vault apparatus, then this counts as one of her three attempts. It is not considered a vault.

If a gymnast hits the board and goes over the vault apparatus, then this would be considered an executed vault and must be scored.

1.00 deduction for touching the vault table with only one or with no hands taken by each judge.

1.00 deduction for failure to land on the soles of feet first (includes fall) taken by each judge.

1.00 deduction for spotting assistance during the vault taken by each judge.

→ The 1.00 deduction is taken by each judge. If not in range, then a conference is called.

- If a gymnast vaults prior to the judge's hand or flag signal, the gymnast must repeat the vault for score and would receive a 0.50 deduction.
- White lines shall be added in a funnel shape on the landing mat and act as a visual guide for officials regarding the direction deduction (up to 0.3). Lines should be screened or taped onto the landing mat; any accessory matting placed on top of the landing mat must have replicated marked lines(chalk or tape) centered with vault table. Failure to apply Vault landing lines on top landing mat surface = .20 TND each occurrence. [6.2.c]

Vaults not listed on the NCAA Vault Chart may receive a start value from the WCGA (Women's Collegiate Gymnastics Association) Board of Directors. Vault must be submitted with video and description. (1.3)

ROUTINE INQUIRY PROCESS [7.1-3]

The Inquiry, Video Inquiry and Routine Summary Forms are now consolidated into one IRS (Inquiry and Routine Summary) Form found in Supplemental Procedures and Forms.

- **Routine Inquiries [7.1]** Written or video inquiries are allowed based on SV, UTL, Specific (flat) compositional deductions & Neutral deductions or unusual performance occurrences/fall, **out of range scores.**
- Must be submitted in writing before beginning of next event (**win 6 min at meet's end**). There is no limit to the number of inquiries submitted during a meet. Coach must complete all information, including whether IRS is written OR video Inquiry, routine summary or video routine summary, and may consult with Meet Referee. Meet Ref may view 1X, at regular speed, no comments.
- Judging panel evaluates routine only pertaining to category in question on IRS. The element or connection under review may be subject to additional deductions for incompleteness or rhythm if an inquiry results in a changed SV. Inquiries may result in a score being raised, lowered or staying the same.
- Video may be viewed in regular speed or in slow motion to the advantage of the gymnast; it may be viewed multiple times.
- Must be processed prior to start of next event. Meet Ref may offer counsel to panel & will make final decision in case of split decision. Meet Ref returns completed response of IRS to Coach; notifies score table of any score change.
- **Video Review [7.2]** Only if a written or video inquiry during the competition is unsatisfactory to the Coach, a Video Review may be submitted at the end of the meet. Each team is allowed one review per meet. The NCAA Video Review Form is a separate form, NOT part of the IRS, and can be found in Supplemental Procedures and Forms.
- If equipment failure has occurred, Meet Ref may use video (both real time or slow motion) to determine if, and when, the failure occurred and how to proceed.
- An institutional team video or television production footage must be used for the review. The video may be taken from any vantage point. **The video may be the same or different from the video used in the Inquiry.**
- All reviews must be specific to the performance or nonperformance of a particular Special Requirement, VALUE PART, combination of elements, UTL or neutral deductions (i.e., out of bounds).
- Reviews may not be used to evaluate a question of execution deductions, or composition. These requests will result in a .10 TND.
- Reviews should be viewed in the speed that is to the advantage of the student-athlete. If necessary, video should be viewed in multiple speeds. Judges may use the zoom function if needed.
- The review must be submitted to the meet director or host institution designee within 5 minutes following the conclusion of the meet (as determined by the final score posted OR the return of the final inquiry, whichever is later). During this time, the scores are being verified by the judging panel and the head scorer's table.
- The coach requesting the review must provide a signed Video Review Form (VRF), cued video and team camera to the Meet Director (or host institution designee). The Meet Director (or host institution designee) will be responsible for delivering this information to the Meet Referee and event panel (the judges who judged the particular event) for their review on the competition floor. The coaches may not be present during the review.
- Reviews must be conducted in the presence of the meet referee and the event panel ONLY. If the meet referee is on the panel, the next highest rated official must participate. A simple majority of the review panel will determine success or failure of the review. If the review is successful, the INDIVIDUAL'S score will be adjusted accordingly and TEAM score if it is a counting score.
- The results of the review will be noted on the VRF by the meet referee and returned to the meet director (or host institution designee) who will take the VRF to the score table. The official score will be adjusted (up or down). Then the judges will sign the official score sheet and the meet director will deliver the VRF to the coach.
- If a score is changed during an inquiry or video review, the skill or connection under review is subject to additional deductions for incompleteness or rhythm.
- Decisions rendered by the judges' review panel are final and cannot be overturned.
- **Routine Summaries [7.3]** This is a method for a coach to obtain information from the officials in order to clearly understand the deductions applied. It is intended as an educational tool for the student-athlete and coaching staff. Regardless of comments written by the judge, no scores will change as a result of the Routine Summary. **These must be submitted within 5 minutes of meet's end.**
- Each institution is permitted to request up to 6 (total) Routine Summaries per meet, with the option of providing a video to accompany ONE request. The Routine Summary Request is part of the IRS.
- It is the responsibility of the coach to provide all element information and 2 copies of the IRS for EACH routine (or 4 copies for 4 judge panels).
- Routine Summaries are distributed by the Meet Ref after judges have signed the official scoresheets. Each panel judge should complete the Summary independently; do not use judging shorthand.
- Meet Ref may communicate general feedback to coaches of any areas of uncertainty in routines based upon observations of panels or as observed by Meet Ref.

