

## Choice of Elements – Levels 9 & 10

2 out of 4 = no deduction

0 of 4 – 0.20 | 1 of 4 – 0.10

	<p><b>Choice of elements (applicable to Level 9 / 10 only)</b>                  Failure to perform two elements that fulfill two out of <del>three</del> <b>four</b> of the following requirements (excluding dismounts):</p> <ol style="list-style-type: none"> <li>1. One forward element (circle or release) (minimum of "B")</li> <li>2. One element from Groups 3 / 6 / 7 (minimum of "B")</li> <li>3. One element with a minimum of 180° LA turn, with or without flight (minimum of "C")</li> <li>4. <b>One single bar release (minimum of "D")</b></li> </ol>
No Deduction	Two out of three <b>four</b> requirements performed.
<b>0.10</b>	<b>One out of three <b>four</b> requirements performed.</b>
<b>0.20</b>	<b>None of the <del>three</del> <b>four</b> requirements performed.</b>

Skill Name/ Number	Value	Forward (B) Circle/Release	367 (B)	180° turn (C) w/ wo flight	Single bar release (D)
2.301 Cast HS ½ turn	C			X	
2.401 Cast HS 1/1 turn					
2.304 Caslavka Pirouette				X	
2.305 Straddle back to HS + ½ in hs phase	C			X	
2.306 Pritchard	C			X	
2.406 Cox	D	X		X	
2.406 Bullock	D	X			X
3.301 clear hecht	C		X		
3.401 Shaposhnikova	D		X		
3.501 Khorkina	E		X	X	
3.502 Hindorff	E		X		X
3.502 Jones	E		X		X
3.404 Clear hip HS + hop	D		X		X
3.305 Clear hip HS ½ turn	C		X	X	
3.407 Weiler Kip to HS	D	X	X		
3.407 Weiler Kip to HS ½ turn	D	X	X	X	

Skill Name/ Number	Value	Forward (B) Circle/Release	367 (B)	180° turn (C) w/ wo flight	Single bar release (D)
4.303 Giant ½ turn	C			X	
4.403 Giant 1/1 turn	D			X	
4.304 Overshoot – hs to hang	C			X	
4.404 Overshoot to hs	D			X	
4.405 Tkatchev	D				X
4.506 Phillips/Bhardwaj	E			X	
4.407 Deltchev	D	X		X	X
4.407 Gienger (piked)				X	X
4.507 Gienger (layout)	E			X	X
5.302 Giant fw	C	X			
5.302 Giant fw ½ turn	C	X		X	
5.303 From HS swing fwd to straddle back to hang	C	X			
5.403 From HS swing fwd to straddle back to HS	D	X			
5.403 Ejova	D	X		X	
5.405 Jaeger (straddled)	D	X			X
6.301 Chow	C		X		
6.301 Chow ½ turn	C		X	X	
6.401 Stalder fw to hs	D	X	X		
6.401 Stalder fw to hs ½ turn	D	X	X	X	
6.304 Stalder bw to hs	C		X		
6.304 Stalder bw to hs ½ turn to reg grip	C		X	X	
6.504 Stalder bw to hs 1/1 turn	E		X	X	

Skill Name/ Number	Value	Forward (B) Circle/Release	367 (B)	180° turn (C) w/ wo flight	Single bar release (D)
6.305 Ray	C		X		
6.405 Stalder bw to hs w/ flight to hb	D		X		
6.505 Ricna	E		X		X
7.309 Pike sole circle bw to hs	C		X		
7.309 Pike sole circle bw to hs ½ turn	C		X	X	
7.509 Pike sole circle bw to hs 1/1 turn	E		X	X	
7.310 Toe hecht	C		X		
7.410 Maloney	D		X		
7.510 Byhovsky	E		X	X	
7.511 Ray	E		X		X
7.511 Tweedle	E		X	X	X
7.413 Clear pike sole circle	D		X		
7.413 Clear pike sole circle ½ turn	D		X	X	