

Robin's Mock Test 2026-2030 Level 6-7

By Robin Ruegg with thanks to Kristi Aguilar for editing help updated 8/12/2026

The focus of this test/study guide is to ask questions about changes since the prior Code—and to challenge you.

Questions range from reasonable to MUCH HARDER than your actual written test.

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(In the past, the actual written test had 7 general, 7 vault and 12 each on bars, beam and floor.

With extra questions, you get a bonus with this mock test!)

General

1. Which are meet referee duties?
 - a. During a meet that is running on time, releases the bar judges to leave for a break before the other events conclude.
 - b. Is not responsible to compile and check judges' fees and expenses
 - c. Serves as the Vice President of the Jury of Appeals
 - d. Has the chief judges tell each other that a warning has been given for incorrect attire or verbal cues
 - e. May observe but not give an opinion during conferences
 - f. May not counsel the chief judge when in her opinion the scores seem out of line with scoring in the competition
 - g. None of the above
2. Which is/are the Chief Judge's responsibility?
 - a. Prepares judges for correct evaluation of routines at the judges' meeting prior to the competition
 - b. Instructs auxiliary judges concerning line violations, time limitations and flashing of SV & scores
 - c. Uses a green flag or hand signal to acknowledge presentation of gymnast
 - d. Calls a conference if an impossible Start Value and/or other reasons to assist judges to arrive at a common scoring basis
 - e. Confirms when a gymnast may continue the routine after equipment failure
 - f. Terminates a routine after a fall if gymnast exceeds 45 seconds once standing on feet
 - g. All of the above
3. Gymnast on Uneven Bars starts her routine when the chief judge looks up from her paper. The judge stops her and has her re-start after the judge raised her arm. What is the total Chief Judge deduction from the average?
 - a. 0.2
 - b. 0.3
 - c. 0.5
 - d. 0.8
 - e. No deduction—it's the judge's fault for not using a green flag
4. Which is/are correct?
 - a. Judges should flash the Start Value after sending their score to the Chief Judge
 - b. Judges may erase a score slip if they had to change a score
 - c. Auxiliary judges should notate the routine as a back-up for the Chief Judge
 - d. Fall time on bars and beam is 30 seconds
 - e. A coach may not speak to a gymnast while gymnast is off the apparatus due to a fall
 - f. All of the above are correct

5. What is the final score on this 4-judge panel, where there is also a Chief Judge Deduction for coach on the floor?
J1: 9.05 J2: 8.7 J3: 9.0 J4: 8.85
- a. 8.55
 - b. 8.625
 - c. 8.725
 - d. 8.8
 - e. 8.925
 - f. Ack, too much math!
6. Level 6 gymnast does 3 A's and 2 B's, and is missing a Special Requirement on beam. What is her Start Value?
- a. 9.2
 - b. 9.3
 - c. 9.4
 - d. 9.5
 - e. 9.9
7. What is the maximum deduction (on UB, BB or FX) for the following errors?
- Medium step-close on landing
 - Insufficient open on a tuck salto (dismount on UB or BB)
 - Legs separated
 - Flexes feet on 3 elements
- a. 0.65
 - b. 0.7
 - c. 0.8
 - d. 0.85
8. Which is the largest Chief Judge deduction?
- a. Excessive use of magnesia (chalk) on FX mat
 - b. Gymnast fails to present after her routine is complete
 - c. Incorrect attire
 - d. Fail to remove board or mounting apparatus after mount
 - e. Technical verbal cues by coach

Vault

9. Which is correct for Level 7 vault?
- a. The timed warm-up is 1 ½ minutes per gymnast based on the number of gymnasts in the largest squad
 - b. Too long in support 1.0
 - c. The panel judge is responsible for monitoring the fall time of the first vault
 - d. All of the above are correct

10. What is the maximum deduction for the following errors on a Level 6 Yurchenko vault?
- Flexed feet throughout
 - Legs apart on the 1st flight, support phase and 2nd flight
 - Insufficient dynamics
 - Shoulder angle on support phase
- a. 1.0
 - b. 1.2
 - c. 1.1
 - d. 1.2
 - e. 1.3
11. Which is the largest maximum deduction?
- a. Hip angle on 1st flight
 - b. Legs bent during support phase
 - c. Fail to create rotation (which is shoulders rising while maintaining flat hips)
 - d. Deviation from a straight direction
 - e. Is this a trick question? They are all the same maximum deduction
12. Level 6 gymnast performs vault #3.116 (Tsukahara entry) that has a 10.0 SV. She has the following errors. Take maximum deductions. What is her final score?
- Legs bent on first flight
 - Feet flexed on 1st flight and 2nd flight
 - Fails to pass through vertical
 - Does not land with the bottom of her feet first
- a. 8.3
 - b. 8.4
 - c. 8.55
 - d. 8.6
 - e. 9.2
 - f. 9.3
13. What is the maximum deduction for the following errors on a Level 7 front handspring entry vault?
- Legs separated on 1st and 2nd flight
 - Arm bend on support phase
 - Insufficient height
 - Slight hop towards the table upon landing
- a. 1.6
 - b. 1.5
 - c. 1.3
 - d. 1.0
 - e. 0.9

14. Which is incorrect?
- The coach may see all 2 or 4 judges scores
 - If a judge blinks and misses a bar routine on a 2-judge panel, gymnast may accept the score of the one judge or repeat the routine after an appropriate rest, and the score of the repeated routine counts.
 - Tape or chalk is not allowed on the vault table
 - Chief Judge must monitor fall time on vault. If there's an injury, timing begins when the medical assessment is complete
 - All of the above are correct
15. Which is correct?
- If gymnast performs a different vault than called, Chief Judge deduction of 0.5
 - Gymnast is only allowed to perform 1 vault
 - If gymnast completes 1 vault, then balks, then performs a 2nd vault, the final score is the 1st vault's score
 - The vault number must be visually displayed for any sanctioned competitions with a 4-judge panel
 - Only the Chief Judge deducts 0.5 for the coach spotting
16. How many Level 7 void vaults are listed?
- Gymnast lands sitting on vault table
 - Yurchenko vault does not land feet first
 - No hand contact on the table
 - Gymnast vaults without signal from Chief Judge
- 0
 - 1
 - 2
 - 3
 - 4
17. What is correct regarding Dynamics for a Level 6 or 7 vault?
- Definition of dynamics is speed, power and quickness
 - Look for speed and non-explosive power
 - Dynamics deduction must reflect the overall quantity & exactness of the vault
 - Maximum deduction is 0.3
 - All of the above are correct
 - a. and d.
18. Which of the following is correct?
- A Level 7 gymnast may perform a vault from the Level 8 value chart but gets a CJ deduction of 0.5
 - If one judge takes a 1.0 deduction for vaulting with 1 arm on table, and if the scores are out-of-range, the judges must conference and find a way to get the scores in range.
 - For Level 6, void a Yurchenko entry vault if it does not land feet first.
 - The Chief Judge must notify the coach if any judge on the panel voided the vault performed.

Bars

19. Which is correct about bars?
- A Level 7 gymnast may earn 0.1 in CC
 - For Level 6 and 7, the Start Value is 10.0
 - Level 7 gymnast needs 5 A's and 2 B's
 - Level 7 special requirement is a B dismount
 - Bars shorthand is easy and every judge's favorite event to judge is bars

20. Which is correct for Level 6 and 7 bars?
- If gymnast falls and does not do a dismount, deduct 0.5 for fall, 0.5 for no "A" dismount and 0.3 for no dismount
 - Gymnast falls, then coach lifts her to the high bar. She does 2 pumps, then performs a long hang kip. Deduct 0.5 for two extra swings
 - Gymnast gets 45 seconds to remount the Uneven Bars after a fall. Timing starts when gymnast is on her feet, or when medical assessment is complete if there's an injury
 - There's a 0.2 Chief Judge deduction if gymnast jumps onto board and briefly touches the low bar immediately prior to performing her routine
21. Which is correct?
- If gymnast lands on hands and feet simultaneously (a fall) on a dismount, she is still awarded the Value Part and Special Requirement
 - A cast to handstand and short cast prior to the same element will be considered a different connection
 - Insufficient amplitude of cast is not applied prior to a squat on low bar
 - On a Hang on HB, counter swing backward in straddle with flight over LB to hang, once 2 hands grasp the low bar, the element is complete and value part is awarded
 - All of the above are correct
22. True or False: All of the following compositional deductions apply for level 7 bars
- Lack of elements that achieve or pass through vertical 0.1
 - Facing the same direction throughout—No deduction
 - 3/4 giant forward 0.1
 - Uncharacteristic element 0.1
23. Which of the following Chief Judge deductions is/are correct?
- Coach standing between bars throughout: No deduction
 - Using hip pads: 0.3
 - Fail to remove spotting block: 0.2
 - Fewer than 5 value part elements: 1.0
 - Exceeds 45 second fall time: 0.5
 - None of the above
24. Level 6 gymnast's routine starts on the LB:
- Glide kip
 - Small cast, squat on
 - Long hang kip
 - Cast HS
 - Giant
 - Flyaway tucked dismount

What is the Start Value?

- 9.4
- 9.5
- 9.7
- 9.9
- 10.0

25. What is the total maximum deduction for these errors?

- Insufficient extension of 2 kips
- Additional trunk movements/arm swings on a stuck dismount
- Does 3 extra swings after a kip

- a. 0.7
- b. 0.8
- c. 0.9
- d. 1.0
- e. 1.1

26. How many B skills are listed?

- Mount: Glide on LB, back kip-up with straddle cut backward to hang on LB
- Hang on HB—swing backward with release and 1/1 turn to hang on HB
- Under swing on HB with ½ turn at or above HB height to hang
- Under swing (toe-on) with ½ turn and flight over LB to hang on LB (does not start from HS)
- Handstand on HB—swing down between bars, swing forward with ½ turn at 21° to 44° from vertical
- On LB, backward giant circle with ½ turn to Handstand

- a. 1
- b. 2
- c. 3
- d. 4
- e. 5
- f. 6

27. Which is the largest maximum deduction?

- a. Insufficient extension (open) of a tuck flyaway dismount
- b. Insufficient dynamics throughout
- c. Hit LB with foot when doing a giant
- d. Legs separated
- e. Large step on landing

28. Which is correct?

- a. For Level 7, if a cast HS is 11° to 20° from vertical, award a “B” and deduct 0.1
- b. For Level 6, if a cast is below horizontal, award the Special Requirement and deduct 0.3 for amplitude
- c. For Level 7, if cast is 46° above horizontal, award the Special Requirement and deduct 0.15-0.2 for amplitude
- d. For Level 7, If cast is within 30° of vertical, award a B value part and deduct 0.05 for amplitude
- e. These cast rules are confusing and I quit

29. What is the total maximum deduction for the following errors:

- Lands too close to the HB on a flyaway tuck dismount
- Flexes foot on a giant
- Sticks the dismount but has arm swings and trunk movement
- Insufficient dynamics throughout

- a. 0.4
- b. 0.45
- c. 0.5
- d. 0.55
- e. 0.6

30. Level 6 gymnast does a flyaway double tuck dismount. Which is correct?
- Consider this a “B” element when calculating her Start Value
 - Deduct 0.5 from her Start Value for a restricted element. No VP or SR is awarded
 - Deduct 0.5 from her Start Value for the restricted element. Award VP and SR.
 - Give her a higher score because she did a harder routine
31. Which of these is a Special Requirement for Level 6 bars?
- Minimum of 2 bar changes
 - One cast a minimum of 55° above horizontal
 - One 360° clear circling element from Groups 3/6/7
 - A salto or hecht dismount, minimum of “A”
 - All of the above are Special Requirements for Level 6 bars

Beam

32. Which is/are correct for Level 6 and 7 beam?
- Maximum time limit is 1 minute 20 seconds
 - Warning is signaled at 1 minute 05 seconds
 - Routine of 1:20:55 incurs 0.1 overtime deduction
 - If Level 7 routine is less than 30 seconds, calculate the SV, then Chief Judge deducts 0.5 from the average score
33. Which is/are correct for coach contacting gymnast on a back handspring by touching her back before gymnast begins then stepping away?
- Value part is awarded
 - Each judge deducts 0.5 for coach touching gymnast
 - Special Requirement is awarded
 - There’s no penalty if gymnast inadvertently contacts coach
 - All of the above are correct
34. Which of these breaks a series?
- Acro series is broken if kick/leg swing is above 45° leading into next element
 - Repositioning foot/feet or pivoting
 - Legs straighten between elements
 - Gymnast has a shoulder dip between a front to back series, but keeps body/arms moving
 - Loss of balance
 - Stop between elements
 - All of the above break a series
35. On a mount, the gymnast runs and balks, runs and balks again. The 3rd time she runs and balks. The 4th attempt she does a B mount. What is the consequence?
- Deduct 0.5 for 3rd approach
 - No value part credit awarded for the mount, no matter how she gets onto the beam on that 4th attempt
 - Gymnast is upset
 - Coach is upset
 - All of the above are correct

36. Level 7 gymnast performed 3 As, and 3 B's and fulfilled her leap and turn Special Requirements on the beam. Her acro series is a Back walkover + back handspring. She goes for an "A" dismount, but does not land on the bottom of her feet first. What is her Start Value?
- 9.2
 - 9.4
 - 9.5
 - 9.7
 - 10.0
37. What is the total maximum deduction for the following errors?
- Overall choreography
 - Rhythm & tempo
 - Sureness
 - Body posture
 - Footwork
 - Dynamics
- 0.9
 - 1.0
 - 1.1
 - 1.2
 - 1.3
 - 1.4
 - 1.5
 - 1.6
38. What is the maximum deduction for the following errors?
- Landing too close to beam on dismount (the "scares the judge" deduction)
 - Additional trunk movements/arm swings that involve steps and trunk movement/arm swings used to prevent further steps
 - Legs not parallel to BB in split or Straddle-pike leaps or hops
 - Lack of precision in dance value parts
- 0.4
 - 0.5
 - 0.6
 - 0.7
 - 0.8
 - 0.9
 - 1.0
39. Which is the largest deduction?
- Lack of purposeful choreography
 - Insufficient variation in rhythm on non-value parts
 - Choreography performed in all directions
 - Lack of variety of focus changes, poses, phrases/connections
 - Body posture
 - Dynamics

40. How many B skills are listed?

- Mount: Straddle jump onto end of beam (180° split)
- From cross position, straddle-pike jump with a $\frac{1}{4}$ turn to finish in side position
- From side position, straddle-pike jump with $\frac{1}{4}$ turn to finish in cross position
- From cross position, jump with $\frac{1}{2}$ turn to straddle-pike jump
- Wolf turn 1/1
- Free forward roll
- Dismount: Aerial walkover forward with $\frac{1}{2}$ twist
- Sissonne

- a. 1
- b. 2
- c. 3
- d. 4
- e. 5
- f. 6
- g. 7
- h. 8

41. True or False: A Level 7 gymnast may perform a 1-arm front handspring and earn a 10.0 SV.

42. Level 6 gymnast does a split leap with a 130° leg separation. Which is correct?

- a. Award the B element but deduct 0.2 for lack of split
- b. Award the B element, but do not award the Special Requirement of 180° split leap/jump
- c. Call it an A, and do not award the Special Requirement of 180° split leap/jump
- d. She gets the Special Requirement as Level 6 only has to do a leap/jump with 120° or more leg separation

43. Which is the correct Chief Judge deduction?

- a. For Level 6, if the beam routine was 25 seconds and gymnast fulfills all VPs & SRs and has 10.0 SV: 0.5 deduction
- b. Fail to remove mounting apparatus: 0.2
- c. Overtime 0.2
- d. Coach standing next to beam throughout routine: no deduction
- e. All of the above are correct

44. Which of the following elements are “A” value?

- a. Stag-split leap forward with $\frac{1}{4}$ turn
- b. Hop with free leg extended above horizontal
- c. Stretched (straight) jump
- d. Needle scale with hand support on the beam
- e. All of the above are “A” value skills

Floor

45. Level 7 Gymnast performs the following. What is her Start Value?

- Front tuck + Round off + back handspring + back tuck
- Attempts a full turn with free leg at horizontal, but it drops below horizontal halfway through
- Round off + back handspring + layout back salto
- Switch-leg leap + Tourjeté

- a. 10.0
- b. 9.9
- c. 9.8
- d. 9.7

- e. 9.5
46. Which Chief Judge deduction is incorrect?
- a. Deducts 2.0 from the average score for a routine that is less than 30 seconds
 - b. Gymnast leaves the floor exercise mat during routine 1.0
 - c. Over time 0.1
 - d. Absence of music 0.5
 - e. All of the above are correct
47. What is the total maximum deduction for the following errors for a Level 6 or 7 athlete?
- Lack of a B or better turn on 1 foot
 - No B salto in the routine
 - Does straddle jump + straddle jump and a Pops in routine
- a. 0
 - b. 0.1
 - c. 0.2
 - d. 0.3
 - e. 0.4
 - f. 0.5
48. Which is the smallest maximum deduction?
- a. Concentration pause
 - b. Lack of precision in dance value part
 - c. Fail to perform turns in high relevé
 - d. Fail to synchronize last ending pose with music
 - e. Fail to hold ending pose for 1 second
 - f. They are all 0.1 or up to 0.1 deductions
49. Throughout her routine, the gymnast does the following. What is the maximum total deduction?
- Energy at the end of the routine lags
 - Feet are sickled or flexed on the floor and in the air, steps go heel toe throughout, steps and kicks are flat-footed
 - Shoulders are down, chin tucked into chest, core is loose and archy
 - Facial expression is blank, performance quality does not convey emotion or engage the audience/judges
- a. 0.6
 - b. 0.7
 - c. 0.8
 - d. 0.9
 - e. 1.0

50. Throughout the routine, gymnast performs the following. What is the maximum deduction?
- Choreography movements are small, loose and uncontrolled, energy stays within the gymnast
 - Gymnast's movements and music are incongruent, there's no change in the rhythm to the music, there is no clear theme
 - Gymnast repeats similar poses and connection, not engaging her core
 - Focus is down throughout, head focuses only in direction body faces
 - Gymnast performs 3 tumbling passes, taking 2-3 steps backward without choreography before each pass.
- a. 0.5
 - b. 0.55
 - c. 0.6
 - d. 0.65
 - e. 0.7
51. What is the total maximum deduction for these errors?
- Deviation from straight direction on a tumbling pass
 - Small step forward and lunge from a backward tumbling pass
 - Insufficient split on a switch leap
 - Incomplete turn on a wolf jump full
- a. 0.5
 - b. 0.55
 - c. 0.6
 - d. 0.65
 - e. 0.7
52. Which of the following expectation is incorrect for a "B" switch-leg leap?
- a. If gymnast does stag-switch leap where the swing leg is bent a minimum of 90° and no extension of the leg prior to leg switch, award an "A" value part
 - b. If the split is less than 135°, award the value part performed and apply appropriate deductions
 - c. If the leg separation following the leg change is less than 180° (but 135° or more) deduct up to 0.1 for insufficient split after leg change
 - d. The first leg should swing forward a minimum of 45° prior to swinging backward
 - e. If the first leg does not reach 45°, award "B" value part and deduct up to 0.1 for insufficient height of leg swing.
 - f. All of the above are correct

53. How many B elements are listed?

- Pike jump
- Wolf jump with $\frac{1}{2}$ turn
- Arabian salto piked
- Wolf turn with $1\frac{1}{2}$ turn
- Sheep jump
- Fly spring (forward)
- Cat leap $1\frac{1}{2}$ turn
- Full turn with leg horizontal or above throughout

- a. 0
- b. 1
- c. 2
- d. 3
- e. 4
- f. 5
- g. 6
- h. 7
- i. 8

54. Which of the following elements is an “A” value?

- a. Tuck jump with separation of legs to cross split during flight phase
- b. Jete’ en tournant— $\frac{1}{4}$ to $\frac{1}{2}$ turn with take-off from one leg into split leap
- c. Sissonne
- d. Ring jump
- e. All of the above are “A” value skills

55. True or False: A backward roll to land in a push-up position receives no value part credit

56. Which is correct?

- a. A side salto that takes off from 1 leg is not considered a salto
- b. A whip salto backward with a $1/1$ turn is a “B” value
- c. A flic-flac and a 1-arm flic-flac are considered different elements for Value-Part credit
- d. Isolated (not in an acro connection) non-flight walkover-type elements are required to show 180° split of the legs at one point during the element. Deduct $^0.2$ for lack of split if 180° not shown.
- e. All of the above are correct

57. What is the deduction for failure to land with feet/legs together on jumps/leaps to two feet?

- a. 0
- b. 0.05
- c. $^0.1$
- d. $^0.2$

Congratulations! You made it through this mock practice test. Stay calm, study on and best wishes as you prepare for your written test.

Answer Sheet Robn's Mock Test 2026-30 Level 6-7 Robin Ruegg updated 8/12/2026

General

1. g. None of the tasks listed are the meet referee duties (read closely and know I changed words so these tasks are not correct.)
2. g. All of the above.
3. c. 0.5 for going before the judge signals.
4. a. Flash the SV AFTER sending score to CJ. The other answers are basically the opposite of what is correct
5. b. 8.625 Average 8.85 and 9.0 to get 8.925 then Chief Judge deducts 0.3 for the coach on the floor
6. c. 9.4 10.0 - 0.1 missing A - 0.5 missing Special Requirement = 9.4
7. c. 0.8 0.15 medium step, ^0.3 insufficient open, ^0.2 Legs separated, $0.05 \times 3 = 0.15$ flexed feet
8. d. Fail to remove board 0.3, Fail to present 0.1, rest listed are 0.2 Chief Judge deductions

Vault

9. a. Timed warm-ups are 1 ½ min/gymnast based on largest squad. Too long in support is ^0.5 deduction for Level 6/7, Chief Judge is responsible for monitoring the fall time of the 1st vault
10. b. 1.2 Flexed feet throughout ^0.1, Legs separated deducted ^0.2 on the 1st and 2nd flight phases only, Dynamics ^0.4, Shoulder angle ^0.3. Note that the last 2 deductions are 0.1 MORE than for Level 8-9-10.
11. e. All the deductions listed are Up to 0.3 (and no, not a trick, just a ploy to make you look them all up!)
12. a. 8.3 Legs bent ^0.3, feet flexed throughout ^0.1, Fail to pass through vertical ^0.3, Fail to land on bottom of feet first 1.0 (Level 6 only—the Level 7's can do this with no deduction). Total of 1.7 in deductions. $10.0 - 1.7 = 8.3$
13. b. 1.5 Legs separated ^0.2 $\times 2 = 0.4$, Bent arms ^0.5, Height ^0.5, Slight hop ^ 0.1. Total 1.5
14. e. All are correct (See General p 30 for the rule about a judge missing a routine)
15. d. Must have visual display of vault number for a 4-judge panel. Rest of statements are incorrect
16. c. Land sitting on table VOID, Not land feet first NO DEDUCTION for Level 7, No hand contact on table VOID, Vaults without signal from CJ is 0.5 CJ penalty
17. a. Speed, power and quickness are the definition of dynamics. Look for speed and EXPLOSIVE power, Dynamics deduction reflects the overall QUALITY & EFFECTIVENESS of the vault (read carefully), Deduction is ^0.4 for Level 6 & 7.
18. d. CJ must notify coach if any judge on panel voided the vault. Comments: A level 7 gymnast may only perform vaults listed on the Level 7 value chart. If a judge takes a 1.0 deduction for a 1-arm vault, average the scores—they don't have to be in range. If a Yurchenko vault does not land feet first, it's a 1.0 deduction at Level 6.

Bars

19. b. The Start Value for Level 6 and 7 is 10.0. Rest of statements are incorrect. Level 7 gymnast does not earn CC. Level 7 gymnast needs 4 As and 3 B's. Special Requirement is a minimum of an A salto dismount. And if bars is not your favorite event to judge—yet—with time and practice it likely will be!
20. c. There is no longer a 0.3 deduction for no dismount, gymnast may have 2 pumps before restarting a routine after a fall so no deduction, and there's no deduction for jumping onto board and briefly touching LB prior to competing
21. e. All of statements are correct
22. False. There are no compositional deductions applied to Level 7 bar routines.
23. f. None of the above. Coach between bars 0.1, Hip pads 0.2, Fail to remove spotting block 0.3, Less than 5 elements 2.0, Exceeds 45 second fall time routine is terminated.
24. b. 9.5 Here's the math: 10.0 SV, has enough A's & B's. Is missing 3/6/7 element -0.5 = 9.5.
25. c. 0.9 Insufficient extension ^0.1 $\times 2$ kips = ^0.2, Additional trunk movements/arm swings ^0.2, Maximum of 0.5 for 2 or more extra swings on same element.
26. e. 5 The under swing ½ turn is an A. The rest of the elements are B's.
27. a. Insufficient extension of tuck or pike on dismount is an Up to 0.3 deduction. The rest listed are Up to 0.2 deductions, except hitting the bar with foot is a flat 0.2 deduction

28. c. Level 7 gets SR if the cast is above 45°. If a cast HS is 11° to 20° from vertical, award a “B” and deduct 0.05, For Level 6, award Special Requirement if the cast is above horizontal, For Level 7 if cast is within 20° of vertical, award the B and deduct 0.05 if it’s between 10° and 20° from vertical. And I agree, the cast rules are confusing, but please don’t quit!
29. d. 0.55 0.1 for landing too close to the HB and scaring the judges, 0.05 for flexed foot on an element, ^0.2 for arm swings/trunk movement on a stuck landing, ^0.2 Dynamics throughout
30. b. This gets no value part credit, no special requirement and there is also an additional 0.5 deduction from the SV for the restricted element.
31. c. One 360o clear circling element from Groups 3/6/7

Beam

32. a. Time limit is 1 min 20 sec. Warning is signaled at 1:10. Level 7 routine between 1:20 and 1:21 does NOT get overtime deduction. If Level 7 routine is less than 30 seconds, calculate the SV, then CJ deducts 2.0 from the average score.
33. e. All are correct.
34. g. All of the above break a series. Dipping shoulder is out of line with the beam.
35. e. All of the above. Now, we’re making a value judgement here, but certainly the gymnast and coach are upset.
36. b. 9.4 She is short an “A”, -0.1. She is also missing her dismount special requirement -0.5. So, 10.0-0.1-0.5 = 9.4.
37. h. 1.6 Overall choreography ^0.4, Rhythm & tempo ^0.2, Sureness ^0.2, Body posture ^0.3, Footwork ^0.3, Dynamics ^0.2. They are SERIOUS about emphasizing artistry!
38. c. 0.6 Land too close to beam 0.1, additional trunk movements ^0.2, Legs not parallel to beam on leaps/hops ^0.2, Lack of precision in dance value parts ^0.1
39. e. Body posture is ^0.3 Other deductions: Purposeful choreography ^0.2, Variation in rhythm in non-VPs ^0.1, Choreography in all directions ^0.1, Lack of variety of focus change etc. ^0.1, Dynamics ^0.2
40. f. 6 From cross position, straddle-pike jump with ½ turn is a “C”. And the aerial front ½ twist dismount is an “A.” Rest of elements listed are “B’s.” (Expect to see these “B” jumps on your test—their value changed.)
41. False. This is a C acro element and therefore a restricted element. She receives a 0.5 deduction from the SV and no value part or special requirement.
42. c. Only award the B and SR if the split is 135° or more
43. a. Level 6 is exception, all other levels if the routine is <30 seconds CJ deduction is 2.0. Fail to remove mounting apparatus is 0.3 deduction, Overtime is a 0.1 deduction, Coach standing by beam for whole routine 0.1.
44. e. All of the above are “A” value skills

Floor

45. d. 9.7 The math: 10.0 missing the 3rd required B -0.3, has all Special requirements, so 9.7
46. b. Gymnast leaving the Floor Exercise mat during routine is a 0.5 CJ deduction. Rest are correct.
47. a. 0 These are Specific Floor Compositional Deductions that are NOT evaluated at Level 6 or 7
48. e. Fail to hold ending pose for 1 second is a 0.05 deduction. Rest of the deductions listed are 0.1 or up to 0.1
49. d. 0.9 Dynamics ^0.1, Footwork ^0.3, Body Posture ^0.3, Expression ^0.2
50. e. 0.7 ^0.1 Dynamics, ^0.2 Musicality, ^0.1 Lack of variety in choreography, ^0.15 Lack of focus changes/projection, Lack of purposeful choreography ^0.15 (0.05 deduction for each of the 3 passes with more than 1 step before tumbling)
51. c. 0.6 Direction ^0.1, Small step forward on back tumbling pass ^0.1, Insufficient split ^0.2, Incomplete turn ^0.2
52. c. Deduct up to 0.2 for insufficient split. The rest of the expectations are correct.
53. g. 6 The wolf turn 1 ½ and the cat leap 1 ½ are Cs. The rest of the skills listed are B’s.
54. c. Sissonne. The rest of the skills listed are B’s.
55. False. All forward and backward roll variations will receive “A” Value Part, regardless of final position
56. e. All of the above are correct (look these up in the list of element values in your Code of Points)
57. c. ^0.1

Study well dear judging friends. You’ve got this!