



USAG DEVELOPMENT PROGRAM SCORE SHEET 2026 - 30

LEVEL 6 BALANCE BEAM

Warm-up Time: 1:30 • Routine Time: 1:20

VALUE PARTS (VP) 1.0	SPECIAL REQUIREMENTS (SR) 2.0	CLARIFICATIONS	NO COMPOSITIONAL REQUIREMENTS
_____ 4 A (0.1) _____ 2 B (0.3) _____ 0 C (0.5) Allowable: ▪ One (1) C dance ▪ Count C as B VP	(4 @ 0.5 each) ☐ Acro series (non-flight) OR Acro flight element (isolated or in connection) ☐ Leap/Jump (requiring 180° split) ☐ 360° turn on one foot ☐ A dismount (aerial/salto) ☐ Restricted elements - no VP credit & (0.5 each)	CHOREOGRAPHY (↑0.4) ↑0.2 Lack of purposeful choreography ▪ Excessive preparation, unnecessary steps/adjustments, tapping end of beam ▪ All body parts should be involved in creating interesting positions and movement ↑0.1 Choreo performed in ALL DIRECTIONS ↑0.1 Lack of variety of focus changes, poses, phrases/connections ▪ Routine should contain different focus points off and away from the beam	▪ One element in acro series must achieve/pass through inverted vertical in handstand support. ▪ First or second element in acro series may be handstand with any leg position – if handstand without turn, must be held for 2 seconds. ▪ Group 6 (Rolls) may be included in acro series, as long as one element passes through handstand position. Short exercise [Level 6 ONLY] If <30 seconds & 10.0 SV, CJ deducts 0.5 from average

#

10.0

VP (-)

SR (-)

SV

execution

other

score

AVERAGE

☐ OT
0.1

_____ Choreography ↑0.4 _____ Rhythm/Tempo ↑0.2 _____ Sureness ↑0.2 _____ Posture ↑0.3 _____ Footwork ↑0.3 _____ Dynamics ↑0.2