



USAG DEVELOPMENT PROGRAM SCORE SHEET 2026 - 30

LEVEL 8 BALANCE BEAM

Warm-up Time: 2:00 • Routine Time: 1:30

VALUE PARTS (VP) 1.6	SPECIAL REQUIREMENTS (SR) 2.0	CLARIFICATIONS	COMPOSITION CREDIT (SR) max 0.2	SPECIFIC EVENT COMPOSITION (SEC)	
____ 4 A (0.1) ____ 4 B (0.3) ____ 0 C (0.5) <u>Allowable:</u> ▪ Any C dance ▪ ONE C acro ▪ Count C as B VP	(4 @ 0.5 each) ☐ Acro series (1 flight) ☐ Leap/Jump (requiring 180° split) ☐ 360° turn on one foot ☐ A dismount (aerial/salto) ☐ >1 Restricted element w/ or w/o VP credit (0.5 each)	<u>CHOREOGRAPHY (0.4)</u> ↑0.2 Lack of purposeful choreography ▪ Excessive preparation, unnecessary steps/adjustments, tapping end of beam ▪ All body parts should be involved in creating interesting positions and movement ↑0.1 Choreo performed in ALL DIRECTIONS ↑0.1 Lack of variety of focus changes, poses, phrases/connections ▪ Routine should contain different focus points off and away from the beam	ACRO (max 0.1) ☐ B+B acro series (both flight elements) (+0.1) DISMOUNT (max 0.1) ☐ B dismount <u>OR</u> ☐ B acro + A salto/aerial dismount (+0.1)	No dance series (min 2 elements from groups 1-2-3) 0.2 >1 pivot turn (180° turn on 2 feet w/ straight legs) 0.1 Acro direction (bwd & fwd/swd) (0.05 - dismount only) 0.1 >2 dance with same shape (wolf/tuck or straddle) 0.1 each ARTISTRY: Missing Sideward/Backward choreography 0.05 each Short exercise (<30 sec) – CJ 2.0	

#

9.8

VP (-)

SR (-)

CC (+)

Acro

Dsmt

SV

execution

other

SEC

Artistry

score

AVERAGE

☐ OT
0.1

____ Choreography ↑0.4 ____ Rhythm/Tempo ↑0.2 ____ Sureness ↑0.2 ____ Posture ↑0.3 ____ Footwork ↑0.3 ____ Dynamics ↑0.2