BARS NCAA

Range: 9.80 – 10.00 = .10 (post season =.20); 9.775 – 9.50 = .20; 9.00 – 9.475 = .30; 8.00 – 8.975 = .50; Below 8.00 = 1.00

SR (.20)
Two bar changes (2 VP & 1 VP)
Two dif flights: min 1D, 1C (not dsmt)
Min C LA turn (not mt/dsmt)
C Dismount preceded by C OR D/E

NCAA Value Part

1½ pirouette (any stem)	E
Healy (any stem)	D
Uprise ! with ½ turn	D
Back Stalder w/ or w/o ½ turn	D
Shaposh and Chow	E
Clear front tuck ½	D
Flyaway 2/1 twist	D
Front Flyaway 1 ½ twist	D
Front Flyaway 2/1 twist	E
Double Tuck Flyaway ½	E

BONUS
CC = .10 with flight/turn
CC = .10 two dif 3/6/7 no F/T req'd
CD = .10
DD = .20*

Maloney–Pak	.00 CV	.20 DV
Maloney – Overshoot	.00 CV	.10 DV
Maloney–Overshoot !	.00 CV	.20 DV

D/E release + C 3-6-7 to HS = .20

LB-HB:

HB-LB:

Specific Event Composition (SEC)

>1 squat (except fall)	.10
Uncharacteristic	.10
¾ giant forward	.10

9.20 – VP/SR (.20) _____
3A (10); 3B (30); 2C (50)

CV_____

D_____
Single bar D = +.10 DV

E_____ _____
Any E release = +.10 DV **Max .60**

CC RELEASE (.10) _____
1 D single bar release **or**
1 E release **or**
2 D releases

CC DSMT (.10) _____
D/E or D/E + C (.10)

SV _____

Start Value _____
Execution _____
SEC _____
Dynamics ^.20 _____
Total Deducts _____
J1 Score _____
J2 Score _____
Average