

NCAA UNEVEN BARS			Score Range: 9.8-10.0: 0.1 reg. season (0.2 post season) 9.5-9.775: 0.2 9.0-9.475: 0.3 8.0-8.975: 0.5 Below 8.0: 1.00				BLITZ/VITALE 2027
Connection Value	0.1	0.2	NCAA Value Parts: 3A, 3B, 2C Start Value: 9.2 DV/CV Bonus Max +0.60	Composition Credit (CC) (Max +0.20):			
	*C + C/D	D + D		Release Difficulty – +.10 for (1) a <u>single bar</u> release min. “D” <u>or</u> (2) any “E” release <u>or</u> (3) min. of two “D” releases			
HB or LB release + C (Gr. 3/6/7) to HS		**D/E+C		Dismount Difficulty – +.10 (1) D/E” Dismount <u>or</u> (2) “C” Dismount preceded by a D/E element			
*Both C+C elements <u>must have</u> flight/turn; C + D/E then C <u>not</u> required to have flight/turn OR if 2 C 3/6/7 skills connected then no turn/flight required for CV (Both C 3/6/7 skills must be diff.). **Only elements 3.401, 6.405, 7.410, 7.510 (Ramler), 2.406 (Cox), 4.406, 4.506 (Pak 1/1), 5.503 CV Exception: Maloney connected to Pak OR to Overshoot = 0 CV Additional DV Bonus: Same bar D release OR any E release element → + 0.1 DV				Elements: Uprise HS w/ ½ = D Bkwd Stalders to HS <u>or</u> w/ ½ = D 1-1/2 IN HS = E Shaposhnikova = E Chow = E <i>All elements</i> that include 1/1 turn <u>after</u> handstand (Healy) = D Flyaway 2/1 = D Front Flyaway 1 ½ = D Front flyaway 2/1 = E Clear support front tuck ½ = D Double tuck w/ ½ twist = E Bonus may be awarded for any skill or series of skills unless gymnast falls			Fall Time: 45 seconds
#						_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) 2 BAR CHANGES 2 Diff Flgt, 1 min. D & 2nd min. C “C” LA turn (not in mount or dismount) “C” Dismount preceded by min. C -or- D/E Dismount >1 planned squat (0.1 each) Uncharacteristic Element Exec/Amp	
				Score:			
#						_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) 2 BAR CHANGES 2 Diff Flgt, 1 min. D & 2nd min. C “C” LA turn (not in mount or dismount) “C” Dismount preceded by min. C -or- D/E Dismount >1 planned squat (0.1 each) Uncharacteristic Element Exec/Amp	
				Score:			
#						_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) 2 BAR CHANGES 2 Diff Flgt, 1 min. D & 2nd min. C “C” LA turn (not in mount or dismount) “C” Dismount preceded by min. C -or- D/E Dismount >1 planned squat (0.1 each) Uncharacteristic Element Exec/Amp	
				Score:			

NCAA BALANCE BEAM			Score Range: 9.8-10.0: 0.1 reg. season (0.2 post season) 9.5-9.775: 0.2 9.0-9.475: 0.3 8.0-8.975: 0.5 Below 8.0: 1.00			BLITZ/VITALE 2027
Connection Value	0.1	0.2	NCAA Value Parts: 3A, 3B, 2C Start Value: 9.2 (DV/CV Bonus Max +0.60) Fall Time: 45 sec			Acro Series: Min. 2 flight skills with 1 min "C" w/ or w/out hand support -or- can be an "A" non-flight element from group 7 (walkovers/cartwheels) connected to an "E". May include mount but not dismount.
Acro Flight (2 element) (excludes dismount)		B + D/E C + C/D	Composition Credit (CC) (Max +0.20): Dance Difficulty – +0.1 when min. 0.2 total bonus awarded in either: (1) DV Bonus for D/E dance skills or (2) CV bonus for dance/dance or dance/acro connection or (3) Comb. of both (0.1 DV and 0.1 CV) Total bonus may be in 2 separate connections. Connections can't be in series w/ dsmt. D/E Dance mts and mt connections are included Acro Difficulty – +0.1 awarded for 1 of the following: (1) Acro flight series with CV bonus (able to fulfill SR) <u>or</u> (2) D/E element separate from SR acro series (completed or broken). D/E mts and dsmts are included, but a D/E element dir. connected to the dsmt cannot count for CC Acro Difficulty <i>Note: A D/E acro element that is included in dance/acro series for CC Dance Difficulty may also fulfill CC Acro Difficulty</i>			Dance/Dance or Dance/Acro Series: Must end on the beam, Dance Element min. C Acro Variety: Fwd/bkwd/sdwd skills must be a min "A" skill in mount <u>or</u> on beam – excl. dsmt.
Acro Flight (3 element) +0.1 bonus with "C" in series for series finishing on beam	B + B + C	B + C + C B + B + D	Exceptions: B + C Acro Flight = No Bonus. BHS + Layout Stretched then pike down with feet together = +0.1 CV + 0.1 DV Back layout step-out and Front Aerial considered C elements for awarding CV in BHS series ONLY			
Dance or Mixed Series (acro elements must have flight) (excludes dismount)	A + D B + C	B + D C + C/D	Elements: Double Stag or Ring Leap/Jump = D Tourjete ¼ = E Switch side w/ ¼ = E 2/1 turn = E 2/1 or 2 ½ wolf turn = E Bkwd layout thru vertical to pike down legs together = D Bkwd Layout Stepout = D Fwd Salto 1 or 2 leg takeoff to sit = D Swing leg to Fwd salto stretched with 1/1 to end = C Gainer Salto bkwd tucked with 1/1 at end = D Fwd Salto stretched w/ 2/1 = E Gainer Salto bkwd tucked or stretched w/ 1½ to side = D or w/ 2/1 or 2½ to side = E Two foot Fwd Salto tuck or stretched w/ 1½ dismount = D 2/1 dismount = D			
Dance Turns (on one foot)	A+C or C+A					
Add'l CV bonus: B acro + C dsmt <u>OR</u> C dance + C dsmt = +0.1						
#						_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) _____ Acro Series min "C" required _____ Dance/Dance OR Dance/Acro series, min "C" dance required _____ 180° Split Leap/Jump _____ Minimum 360° turn _____ "C" dismount Acro Variety: no bkwd acro element (0.1) Acro Variety: no fwd/sdwd acro element (0.1) Space (0.05) _____ Level changes (0.05) Artistic Performance Choreography (fwd/bwd/swd) (.05) _____ Exec/Amp
			Score:			
#						_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) _____ Acro Series min "C" required _____ Dance/Dance OR Dance/Acro series, min "C" dance required _____ 180° Split Leap/Jump _____ Minimum 360° turn _____ "C" dismount Acro Variety: no bkwd acro element (0.1) Acro Variety: no fwd/sdwd acro element (0.1) Space (0.05) _____ Level changes (0.05) Artistic Performance Choreography (fwd/bwd/swd) (.05) _____ Exec/Amp
			Score:			

NCAA FLOOR EXERCISE				Score Range: 9.8-10.0: 0.1 reg. season (0.2 post season) 9.5-9.775: 0.2 9.0-9.475: 0.3 8.0-8.975: 0.5 Below 8.0: 1.00			BLITZ/VITALE 2027
Connection Value	0.1	0.2	0.3	NCAA Value Parts: 3A, 3B, 2C Start Value: 9.2 DV/CV Bonus Max +0.60 *If "C" turn followed by "C" jump may receive CV if directly connected **Acro elements in mixed series must be salto or flight elements to receive CV Additional Difficulty Bonus (DV): <u>2-pass routine:</u> Any D/E acro element performed in direct or indirect acro connection in the last pass = +0.1 DV <u>3-pass routine:</u> Any D/E acro element in last pass = +0.10 EXCEPTION: Rudi (#6.401) is excluded from this bonus principle for both 2-pass and 3-pass routine	Elements: Front salto piked = A Ring jump or Stag-Ring jump with 1/1 = D Switch-Side Leap with ½ or ¾ Turn = D Dance passage: Min. of 2 different Group 1 elements directly or indirectly connected & requires 180° leap (1 foot take off) cross or split position. Allows for running steps, small leaps, hops, chassés, assemblés or any kind of turn on 1 or 2 feet between the 2 dance value parts Salto Dismount: defined as last isolated salto or within last acro combination Acro Pass: defined as 1 or more acro elements, 1 element must be a min. C salto Composition Credit (CC) (Max +0.20): Dance Difficulty – +0.1 for (1) D/E Dance element or (2) min. +0.1 CV for dance combination Acro Difficulty 2-pass routine – +0.1 for (1) E acro element or (2) D acro element in each pass or (3) 1 D acro element in 1 pass & min. 0.3 total CV bonus in other pass, w/ add'l D Dance element in routine Acro Difficulty 3-pass routine – +0.1 for (1) E acro element or (2) 2 diff. D elements, 1 must be acro element		
Acro Indirect	A/B + A/B + C A+D B+C	C + C A+A+D A+E B/C + D/E	C+D/E				
Acro Direct	B+B (<i>different</i>) or A+C A+A+C	B+C or A+A+D or A/B +D	C + C				
Dance*/Mixed**	B + D or C + C D salto + A/B jump	C + D/E					
#					_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) _____ Acro pass w/ 2 saltos or 2 direct saltos _____ 3 different saltos _____ Dance passage with 180°leap _____ "C" Salto Dsmt. w/ CV bonus or D/E _____ Min. 2 acro passes performed on 2 diff. diagonals _____ Acro Variety: no fwd/sdwd salto (0.1) _____ Acro Variety: no bkwd salto (0.1) _____ Use of Floor (0.05) _____ Artistic Performance _____ Exec/Amp Score:		
#					_____ VP _____ CV _____ DV _____ CC _____ SV Special Requirements (0.2 each) _____ Acro pass w/ 2 saltos or 2 direct saltos _____ 3 different saltos _____ Dance passage with 180°leap _____ "C" Salto Dsmt. w/ CV bonus or D/E _____ Min. 2 acro passes performed on 2 diff. diagonals _____ Acro Variety: no fwd/sdwd salto (0.1) _____ Acro Variety: no bkwd salto (0.1) _____ Use of Floor (0.05) _____ Artistic Performance _____ Exec/Amp Score:		

NCAA UNEVEN BARS			Score Range: 9.8-10.0: 0.1 reg. season (0.2 post season) 9.5-9.775: 0.2 9.0-9.475: 0.3 8.0-8.975: 0.5 Below 8.0: 1.00			BLITZ/VITALE 2027			
Connection Value		0.1	0.2	NCAA Value Parts: 3A, 3B, 2C		Composition Credit (CC) (Max +0.20):			
		*C + C/D	D + D	Start Value: 9.2		Release Difficulty – +.10 for (1) a single bar release min. “D” or (2) any “E” release or (3) min. of two “D” releases			
HB or LB release + C (Gr. 3/6/7) to HS		**D/E+C		DV/CV Bonus Max +0.60		Dismount Difficulty – +.10 (1) D/E” Dismount or (2) “C” Dismount preceded by a D/E element			
*Both C+C elements must have flight/turn; C + D/E then C not required to have flight/turn OR if 2 C 3/6/7 skills connected then no turn/flight required for CV (Both C 3/6/7 skills must be diff.).						Elements: Uprise HS w/ ½ = D Bkwd Stalders to HS or w/ ½ = D 1-1/2 IN HS = E Shaposhnikova = E Chow = E			
**Only elements 3.401, 6.405, 7.410, 7.510 (Ramler), 2.406 (Cox), 4.406, 4.506 (Pak 1/1), 5.503						All elements that include 1/1 turn after handstand (Healy) = D Flyaway 2/1 = D Front Flyaway 1 ½ = D			
CV Exception: Maloney connected to Pak OR to Overshoot = 0 CV						Front flyaway 2/1 = E Clear support front tuck ½ = D Double tuck w/ ½ twist = E			
Additional DV Bonus: Same bar D release OR any E release element → + 0.1 DV						Bonus may be awarded for any skill or series of skills unless gymnast falls			
#						_____ VP		Special Requirements (0.2 each)	
						_____ CV		2 BAR CHANGES	
#						_____ DV		2 Diff Flgt, 1 min. D & 2nd min. C	
						_____ CC		_____C” LA turn	
#						_____ SV		(not in mount or dismount)	
								_____C” Dismount preceded by	
#								min. C -or- D/E Dismount	
								>1 planned squat (0.1 each)	
#								Uncharacteristic Element	
								Exec/Amp	
#						Score:			
#						Score:			