BEAM	TIME	ACRO SERIES (2 VP)	ALLOWED / RESTRICTED	VP
6	1:30 warm-up / **1:20** compete If less than 30 seconds with 10.0 SV the CJ takes -0.5 off average	Non-flight series Gps 5/6/7, **1 must achieve HS** Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	1 C Dance element allowed = B Restricted C or higher skills may not be attempted no VP / no SR / 0.5 off SV	A (4) 0.1 B (2) 0.3 *D Hanford 8.11.26*

Acro Flight may be in series or isolated

4A 2B

LEVEL 7 SPECIAL REQ 0.5 ea

Non-flight Acro Series ***OR*** 1 Acro Flight Element

Leap or Jump 180° Split

Full Turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
-'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

4A 2B

LEVEL 7 SPECIAL REQ 0.5 ea

Non-flight Acro Series OR 1 Acro Flight Element

Leap or Jump 180° Split

Full Turn on 1 foot

Dismount A Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
-'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

BEAM	TIME	ACRO SERIES (2 VP)	ALLOWED / RESTRICTED	VP
6	1:30 warm-up / **1:20** compete	Non-flight series Gps 5/6/7, **1 must achieve HS**	1 C Dance element allowed = B	A (4) 0.1
	If less than 30 seconds with 10.0 SV the CJ takes -0.5 off average	Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	Restricted C or higher skills may not be attempted no VP / no SR / 0.5 off SV	B (2) 0.3 *D Hanford 8.11.26*

Acro Flight may be in series or isolated 4A 2B

LEVEL 7 SPECIAL REQ 0.5 ea

Non-flight Acro Series ***OR*** 1 Acro Flight Element

Leap or Jump 180° Split

Full Turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
-'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

4A 2B

LEVEL 7 SPECIAL REQ 0.5 ea

Non-flight Acro Series OR 1 Acro Flight Element

Leap or Jump 180° Split

Full Turn on 1 foot

Dismount A Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
-'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

BEAM	TIME	ACRO SERIES (2 VP)	ALLOWED / RESTRICTED	VP
7	Warm-up 1:30 Compete 1:20	Series w/wo Flight Gps 5/6/7, **1 must achieve HS** Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	C Dance elements = B Restricted C Acro or any D/E may not be attempted no VP / no SR / 0.5 off SV	A (4) 0.1 B (3) 0.3

Acro Flight may be in series or isolated

4A 3B

LEVEL 7 SPECIAL REQ 0.5 ea

Acro Series w/wo flight
AND 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
___ -'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
___ Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

4A 3B

LEVEL 7 SPECIAL REQ 0.5 ea

Acro Series w/wo flight
AND 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
___ -'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
___ Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

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BEAM	TIME	ACRO SERIES (2 VP)	ALLOWED / RESTRICTED	VP
7	Warm-up 1:30 Compete 1:20	Series w/wo Flight Gps 5/6/7, **1 must achieve HS** Not in Mount or Dismount / Rolls OK Handstand without turn must be held 2 seconds.	C Dance elements = B Restricted C Acro or any D/E may not be attempted no VP / no SR / 0.5 off SV	A (4) 0.1 B (3) 0.3

Acro Flight may be in series or isolated

4A 3B

LEVEL 7 SPECIAL REQ 0.5 ea

Acro Series w/wo flight
AND 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
___ -'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
___ Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

4A 3B

LEVEL 7 SPECIAL REQ 0.5 ea

Acro Series w/wo flight
AND 1 Acro flight element

Leap or Jump 180° Split

Full turn on 1 foot

Dismount **A** Salto / Aerial

10.0 SV

___ -B VP (0.3)
___ -A VP (0.1)
___ -SR (0.5)
___ -'RE' (0.5)

___ Footwrk ↑.3
___ Posture ↑.3
___ Sureness ↑.2

Rhythm & Tempo (↑.2)
___ Variation ↑.1
Disconnected ↑.1

Dynamics (↑.2)
___ Energy ↑.1
___ Amp choreo ↑.1

Choreography (↑.4): ___Purposeful↑.2 ___ Focus↑.1 ___ Swd/Bwd Movement .05 ea ↑.1

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BEAM	Allowable	RESTRICTED		Acro Flight CC		Salto / Aerial Dismount CC			VP
8	All Dance C = B 1st Acro C = B	No D/E. More than 1 C Acro attempted = 0.5 off SV *no VP / no SR / no CC*	Only the same restricted C acro may be repeated if it received "0" VP 1st time	**0.1** *Not Dmt*	**B + B** *2 flight Acro series*	**0.1** *Dmt*	**B** *or* 	**B + A** *Acro flight + Dmt*	A (4) 0.1 B (4) 0.3

4A 4B **9.8 SV base**

		SPECIAL REQ 0.5 ea	
	- RE	Acro Flight Series *-1 flight*	
	- VP	Leap / Jump 180° Split	
	- SR	Full Turn	
9.8 max		Dismount **A** Salto / Aerial	
		No Dance Series	0.2
/	CC	F/S & Bwd Acro	0.1
		in dismount only	0.05
		Shape >2 Λ or ᴎw	0.1
		>1 Pivot *straight legs*	0.1
		Footwork	↑0.3
		Body Posture	↑0.3
		Sureness	↑0.2
		Rhythm & Tempo (↑.2):	
		• *Variation*	↑0.1
		• *Disconnected*	↑0.1

Dynamics (↑.2): *Amplitude choreography* ↑.1___ *Energy* ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

4A 4B **9.8 SV base**

		SPECIAL REQ 0.5 ea	
	- RE	Acro Flight Series *-1 flight*	
	- VP	Leap / Jump 180° Split	
	- SR	Full Turn	
9.8 max		Dismount **A** Salto / Aerial	
		No Dance Series	0.2
/	CC	F/S & Bwd Acro	0.1
		in dismount only	0.05
		Shape >2 Λ or ᴎw	0.1
		>1 Pivot *straight legs*	0.1
		Footwork	↑0.3
		Body Posture	↑0.3
		Sureness	↑0.2
		Rhythm & Tempo (↑.2):	
		• *Variation*	↑0.1
		• *Disconnected*	↑0.1

Dynamics (↑.2): *Amplitude choreography* ↑.1___ *Energy* ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

BEAM	Allowable	RESTRICTED		Acro Flight CC		Salto / Aerial Dismount CC			VP
8	All Dance C = B 1st Acro C = B	More than 1 C Acro *(or any D/E)* attempted = 0.5 off SV *no VP / no SR / no CC*	Only the same restricted C acro may be repeated if it received "0" VP 1st time	**0.1** *Not Dmt*	**B + B** *2 flight Acro series*	**0.1** *Dmt*	**B** *or* *Dmt*	**B + A** *Acro flight + Dmt*	A (4) 0.1 B (4) 0.3

4A 4B **9.8 SV base**

		SPECIAL REQ 0.5 ea
	- RE	Acro Flight Series *-1 flight*
	- VP	Leap / Jump 180° Split
	- SR	Full Turn
9.8 max		Dismount **A** Salto / Aerial
		No Dance Series 0.2 ___
/	CC	F/S & Bwd Acro 0.1 ___
		in dismount only 0.05 ___
		Shape >2 Λ or ᴎw 0.1 ___
		>1 Pivot *straight legs* 0.1 ___
		Footwork ↑0.3 ___
		Body Posture ↑0.3 ___
		Sureness ↑0.2 ___
		Rhythm & Tempo (↑.2):
		• *Variation* ↑0.1 ___
		• *Disconnected* ↑0.1

Dynamics (↑.2): *Amplitude choreography* ↑.1___ *Energy* ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

4A 4B **9.8 SV base**

		SPECIAL REQ 0.5 ea
	- RE	Acro Flight Series *-1 flight*
	- VP	Leap / Jump 180° Split
	- SR	Full Turn
9.8 max		Dismount **A** Salto / Aerial
		No Dance Series 0.2 ___
/	CC	F/S & Bwd Acro 0.1 ___
		in dismount only 0.05 ___
		Shape >2 Λ or ᴎw 0.1 ___
		>1 Pivot *straight legs* 0.1 ___
		Footwork ↑0.3 ___
		Body Posture ↑0.3 ___
		Sureness ↑0.2 ___
		Rhythm & Tempo (↑.2):
		• *Variation* ↑0.1 ___
		• *Disconnected* ↑0.1

Dynamics (↑.2): *Amplitude choreography* ↑.1___ *Energy* ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

BEAM	All Acro must have flight	0.1	0.2	No Dismount	0.1	0.2	Acro Flight CC			Salto/Aerial Dismount CC		
9	2 Acro Flight - *Not Dmt*	B+C *salto* / aerial	C+C	2 Dance / Mix	B+C	C+C	0.1	C C	*2 different acro flight, not Dmt*	0.1	C	B+B *acro flight + dmt* C+B *dance + dmt*
	3 Acro Flight - DMT OK	B+B+C	B+C+C	Turns	CA AC							
	3 Acro Flight with C salto or D/E hand *Not DMT* = **add'l 0.1**			0.1 DV: 1st D Acro no fall/spot.			*Only the same restricted RE may be repeated if it did NOT receive VP credit 1st time*					

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3A 4B 1C D/E **9.5 SV base**

-RE
- VP
- SR
+CV
+D/E
9.8 max
/ CC

SPECIAL REQ 0.5 ea

Acro Flight Series - *2 flight*
Leap / Jump 180°
Full Turn
Dmt B Salto/Aerial

No Dance Series 0.2
F/S & Bwd Acro 0.1
in dismount only 0.05
Shape >2 Λ or ᴎw 0.1
>1 Pivot *straight legs* 0.1

Footwork ↑0.3
Body Posture ↑0.3
Sureness ↑0.2
Rhythm & Tempo (↑.2):
Variation ↑0.1
Disconnected ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___
Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

3A 4B 1C D/E **9.5 SV base**

-RE
- VP
- SR
+CV
+D/E
9.8 max
/ CC

SPECIAL REQ 0.5 ea

Acro Flight Series - *2 flight*
Leap / Jump 180°
Full Turn
Dmt B Salto/Aerial

No Dance Series 0.2
F/S & Bwd Acro 0.1
in dismount only 0.05
Shape >2 Λ or ᴎw 0.1
>1 Pivot *straight legs* 0.1

Footwork ↑0.3
Body Posture ↑0.3
Sureness ↑0.2
Rhythm & Tempo (↑.2):
Variation ↑0.1
Disconnected ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___
Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

BEAM	All Acro must have flight	0.1	0.2	No Dismount	0.1	0.2	Acro Flight CC			Salto/Aerial Dismount CC		
9	2 Acro Flight - *Not Dmt*	B+C *salto* / aerial	C+C	2 Dance / Mix	B+C	C+C	0.1	C C	*2 different acro flight, not Dmt*	0.1	C	B+B *acro flight + dmt* C+B *dance + dmt*
	3 Acro Flight - DMT OK	B+B+C	B+C+C	Turns	CA AC							
	3 Acro Flight with C salto or D/E hand *Not DMT* = **add'l 0.1**			0.1 DV: 1st D Acro no fall/spot.			*Only the same restricted RE may be repeated if it did NOT receive VP credit 1st time*					

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3A 4B 1C D/E **9.5 SV base**

-RE
- VP
- SR
+CV
+D/E
9.8 max
/ CC

SPECIAL REQ 0.5 ea

Acro Flight Series - *2 flight*
Leap / Jump 180°
Full Turn
Dmt B Salto/Aerial

No Dance Series 0.2
F/S & Bwd Acro 0.1
in dismount only 0.05
Shape >2 Λ or ᴎw 0.1
>1 Pivot *straight legs* 0.1

Footwork ↑0.3
Body Posture ↑0.3
Sureness ↑0.2
Rhythm & Tempo (↑.2):
Variation ↑0.1
Disconnected ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___
Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

3A 4B 1C D/E **9.5 SV base**

-RE
- VP
- SR
+CV
+D/E
9.8 max
/ CC

SPECIAL REQ 0.5 ea

Acro Flight Series - *2 flight*
Leap / Jump 180°
Full Turn
Dmt B Salto/Aerial

No Dance Series 0.2
F/S & Bwd Acro 0.1
in dismount only 0.05
Shape >2 Λ or ᴎw 0.1
>1 Pivot *straight legs* 0.1

Footwork ↑0.3
Body Posture ↑0.3
Sureness ↑0.2
Rhythm & Tempo (↑.2):
Variation ↑0.1
Disconnected ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___
Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

BEAM	All Acro must have flight 0.1	0.2	No Dismount 0.1	0.2	Acro Flight CC	Salto/Aerial Dismount CC
10	2 Acro Flight - *Not Dmt* **BC**$_{salto}$	**CC BD**	2 Dance / Mix **BC AD**	**CC BD**	**0.2 D D** *2 different acro flt, not Dmt*	**0.1 D/E** **B+C** *acro flight + dmt*
	3 Acro Flight - DMT OK **BBC**	**BCC BBD**			**0.1 D/E** *1 acro flight, not Dmt*	**C+C** *dance + dmt*
	3 Acro Flight with C salto or D/E hand *Not DMT* = **add'l 0.1**		Turns **CA AC**		**10 + 0.1** Must have: • 10.0 SV • ≥ 0.6 bonus • E Acro	

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3A 3B 2C D E **9.2 SV base**

- VP	Acro Flight Series BC *or* EA
- SR	Leap / Jump 180°
+CV	Full Turn
+D/E	Dmt C Salto/Aerial or C+B*
9.7 max	**C dance or C acro flight / series*

	No Dance Series	0.2	
/ CC	F/S & Bwd Acro	0.1	
	in dismount only	0.05	
	Shape >2 Λ or ᴎw	0.1	
10 + 0.1	>1 Pivot *straight legs*	0.1	

Footwork	↑0.3	
Body Posture	↑0.3	
Sureness	↑0.2	
Rhythm & Tempo (↑.2):		
• *Variation*	↑0.1	
• *Disconnected*	↑0.1	

SPECIAL REQ 0.5 ea

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

3A 3B 2C D E **9.2 SV base**

- VP Acro Flight Series BC *or* EA
- SR Leap / Jump 180°
+CV Full Turn
+D/E Dmt C Salto/Aerial or C+B*
9.7 max **C dance or C acro flight / series*

No Dance Series 0.2
/ CC F/S & Bwd Acro 0.1
in dismount only 0.05
Shape >2 Λ or ᴎw 0.1
10 + 0.1 >1 Pivot *straight legs* 0.1

Footwork ↑0.3
Body Posture ↑0.3
Sureness ↑0.2
Rhythm & Tempo (↑.2):
• *Variation* ↑0.1
• *Disconnected* ↑0.1

SPECIAL REQ 0.5 ea

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

BEAM	All Acro must have flight 0.1	0.2	No Dismount 0.1	0.2	Acro Flight CC	Salto/Aerial Dismount CC
10	2 Acro Flight - *Not Dmt* **BC**$_{salto}$	**CC BD**	2 Dance / Mix **BC AD**	**CC BD**	**0.2 D D** *2 different acro flt, not Dmt*	**0.1 D/E** **B+C** *acro flight + dmt*
	3 Acro Flight - DMT OK **BBC**	**BCC BBD**			**0.1 D/E** *1 acro flight, not Dmt*	**C+C** *dance + dmt*
	3 Acro Flight with C salto or D/E hand *Not DMT* = **add'l 0.1**		Turns **CA AC**		**10 + 0.1** Must have: • 10.0 SV • ≥ 0.6 bonus • E Acro	

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3A 3B 2C D E **9.2 SV base**

	SPECIAL REQ 0.5 ea
- VP	Acro Flight Series BC *or* EA
- SR	Leap / Jump 180°
+CV	Full Turn
+D/E	Dmt C Salto/Aerial or C+B*
9.7 max	*C dance or C acro flight / series
	No Dance Series 0.2 ___
/ CC	F/S & Bwd Acro 0.1 ___
	in dismount only 0.05 ___
	Shape >2 Λ or ʍ 0.1 ___
10 + 0.1	>1 Pivot *straight legs* 0.1
	Footwork ↑0.3 ___
	Body Posture ↑0.3 ___
	Sureness ↑0.2 ___
	Rhythm & Tempo (↑.2):
	• *Variation* ↑0.1 ___
	• *Disconnected* ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___

3A 3B 2C D E **9.2 SV base**

	SPECIAL REQ 0.5 ea
- VP	Acro Flight Series BC *or* EA
- SR	Leap / Jump 180°
+CV	Full Turn
+D/E	Dmt C Salto/Aerial or C+B*
9.7 max	*C dance or C acro flight / series
	No Dance Series 0.2 ___
/ CC	F/S & Bwd Acro 0.1 ___
	in dismount only 0.05 ___
	Shape >2 Λ or ʍ 0.1 ___
10 + 0.1	>1 Pivot *straight legs* 0.1
	Footwork ↑0.3 ___
	Body Posture ↑0.3 ___
	Sureness ↑0.2 ___
	Rhythm & Tempo (↑.2):
	• *Variation* ↑0.1 ___
	• *Disconnected* ↑0.1

Dynamics (↑.2): Amplitude choreography ↑.1___ Energy ↑.1 ___

Choreography (↑.4): *Purposeful* ↑.2___ *Focus* ↑.1___ *Swd/Bwd Movement .05 ea* ↑.1___