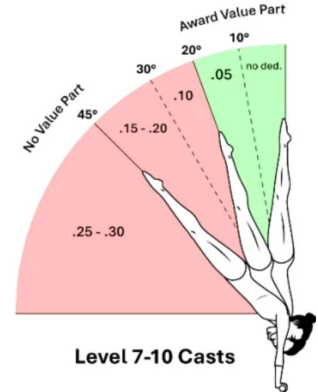


USAG DEVELOPMENT PROGRAM SCORE SHEET 2026 - 30

LEVEL 7 UNEVEN BARS

VALUE PARTS (VP) 1.3	SPECIAL REQUIREMENTS (SR) 2.0	MISCELLANEOUS	NO COMPOSITIONAL REQUIREMENTS
_____ 4 A (0.1) _____ 3 B (0.3) _____ 0 C (0.5) Allowable: ▪ Any allowable C ▪ Count C as B VP	(4 @ 0.5 each) ☐ Cast to handstand Two 360° clear circle elements, same or different: ☐ One minimum B ☐ One from groups 3/6/7 ☐ A salto dismount ☐ Restricted element – no VP credit & (0.5 each)	▪ Allowable C's: ▪ Cast to HS with ½ ▪ Clear hip to HS, also with ½ ▪ Stalder to HS, also with ½ ▪ Toe-on to HS, also with ½ (½ turns to regular grip only) ▪ Restricted: ▪ Any other C elements ▪ All D/E elements ▪ Short exercise (<5 VPs): CJ deducts 2.0 from average	▪ Cast to handstand SR awarded when angle is a minimum of 45°. Angle deductions will apply. ▪ This is an exception to the rule that SRs must be fulfilled with VPs. ▪ Cast below 45°: ▪ No SR credit ▪ Deduct 0.25-0.3 for amplitude ▪ C circle finishes 11°-20° from vertical - 0.05 deduction for insufficient amplitude <u>NOT</u> applied at Level 7. 

#	10.0
VP (-)	
SR (-)	
SV	
execution	
dynamics	max 0.2
score	
AVERAGE	