*Note: Material used for this scoresheet is provided by USA Gymnastics and the sole property of USA Gymnastics*

Jan Eyman - April 2026
Edits: Bonnie Crawford

# L6 FLOOR

**Athlete #** _____

Range: 9.5-10.0 (.20) 9.0-9.475 (.50) 8.0-8.975 (.70) Below 8.0 (1.0)

## RESTRICTED SKILLS

**ALLOWABLE:**
**All A/B elements**
**One "C" dance element, considered in chronological order.**
**Allowable "C" skills count as "B".**

**RESTRICTED:**
**Any addt'l "C" dance element and All C/D/E acro elements.**

## Difficulty & Special Requirements

____ 4A (.10)
____ 2 B (.30)

____ 1 Acro pass min. 2 directly connected flight, 1 a salto
____ 2nd acro pass w. different salto
**OR**
Isolated "B" salto
____ Dance pass w/180º leap and minimum two direct or indirectly connected Grp. Grp. 1 elements (must be different)
____ Min. 360º turn

## SCORE CALCULATION

**10.0 - Value Parts** _____
**Msng. SR** _____
**- Restr. Skill** _____
**START VALUE:** _____

**Minus TOTAL DED:** _____

**J1 SCORE:** _____ **J2 Score:** _____

**AVERAGE:** _____

## Specific Event Items:

____ Purposeful Choreography (^.15) ART
____ Purposeful "corners"(^.05 ea.pass) ART.
____ Focus Changes - Head (^.15) ART.
____ Variety in poses/use all body (^.10) ART.
____ Musicality (^.20)
____ Expression/emotion/facial (^.20)
____ Body Posture (^.30)
____ Footwork (^.30)
____ Dynamics (^.20)
____ **EXECUTION**
____ **TOTAL Deductions**

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Jan Eyman - April 2026
Edits: Bonnie Crawford

# L7 FLOOR

**Athlete #** _____

Range: 9.5-10.0 (.20) 9.0-9.475 (.50) 8.0-8.975 (.70) Below 8.0 (1.0)

## RESTRICTED SKILLS

**ALLOWABLE:**
**All A/B elements. All "C" dance elements. All "C" skills count as "B".**

**RESTRICTED:**
**All D/E dance elements.**
**All C/D/E acro elements**

## Difficulty & Special Requirements

__4 A (.10)
__3B (.30)

_____ Min. of 2 acro passes (SR 1.2)
- 1 pass/min two directly connected flight, one a salto BACKWARD
- 1 pass with salto FORWARD
- 1 salto (fwd or bwd) must be STRETCHED (no twist) & land on two feet

_____ Dance Passage - min 2 diff. Grp. 1 elements (direct or indirect) w one leap requiring 180º split (cross or side)

_____ Turn - minimum 360º turn

## SCORE CALCULATION

**10.0 - Value Parts** _____
**Msng. SR** _____
**- Restr. Skill** _____
**START VALUE:** _____

**Minus TOTAL DED:** _____

**J1 SCORE:** _____ **J2 Score:** _____

**AVERAGE:** _____

## Specific Event Items:

_____ Purposeful Choreography (^.15) ART
_____ Purposeful "corners"(^.05 ea.pass) ART.
_____ Focus Changes - Head (^.15) ART.
_____ Variety in poses/use all body (^.10) ART.
_____ Musicality (^.20)
_____ Expression/emotion/facial (^.20)
_____ Body Posture (^.30)
_____ Footwork (^.30)
_____ Dynamics (^.20)
_____ **EXECUTION**
_____ **TOTAL Deductions**

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Jan Eyman - April 2026
Edits: Bonnie Crawford

# L8 FLOOR

**Athlete #** _____

Range: 9.5-10.0 (.20) 9.0-9.475 (.50) 8.0-8.975 (.70) Below 8.0 (1.0)

## RESTRICTED SKILLS

**ALLOWABLE:**
**All A/B elements. All "C" dance elements. ONE "C" acro. Allowable "C" elements count as "B".**

**RESTRICTED:**
**All D/E dance elements. Additional "C" acro elements. All D/E acro.**

## Difficulty & Special Requirements

___4 A (.10)
___4B(.30)

____ 1 acro pass w 2 saltos Dir. or Indir.- w or w/o hand

____ 3 different saltos

____ Dance pass w/180º leap Grp.1 elements must be diff.

____ "A" salto* in last acro pass

*that was initiated

## SCORE CALCULATION

**9.8-VP-SR = BASE:** _____
**- Restr. Skill** _____ **= New BASE** _____

**CC Acro** + _____ (.10 for 2 diff. B or ^ saltos & 1 A salto

**CC Dance** + _____ (.10 for 2 different B's or ^)

**FINAL SV:** _____

**-** _____ **TOTAL Deductions**

**J1 SCORE:** _____ **J2 SCORE:** _____

**FINAL AVERAGE:** _____

## Specific Event Items:

____ F/S & B salto (.10)
____ B Turn (.20)
____ >2 tuck/wolf or straddle (.10)
____ "B" salto (.20)
____ Purposeful Choreo.(^.15)*includes .05 each for lack of "corners" choreo.
____ Focus Changes - Head (^.15)
____ Variety in poses/use all body (^.10)
____ Musicality (^.20)
____ Expression/emotion/facial (^.20)
____ Body Posture (^.30)
____ Footwork (^.30)
____ Dynamics (^.20)
____ **EXECUTION**

____ **TOTAL Deductions**

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Jan Eyman - April 2026
Edits: Bonnie Crawford

# L9 FLOOR

**Athlete #** _____

Range: 9.5-10.0 (.20) 9.0-9.475 (.50) 8.0-8.975 (.70) Below 8.0 (1.0)

3 A (.10)
4B(.30)
1C (.50)

____ 1 acro pass w 2 saltos
Dir. or Indir.- w or w/o hand

____ 3 different saltos

____ Dance pass w/180º leap
Grp.1 elements must be diff.

____ B salto* in last acro pass*that was initiated

**ALLOWABLE: ALL A/B/C's. ALL D/E dance & 1 D acro RESTRICTED: Any additional D/E acro. The one allowable D acro gets.1bonus. All D/E skills count as "C".**

## BONUS REFERENCE

| | 0.1 | 0.2 |
|---|---|---|
| Indirect Acro | B+C | C+C |
| | A/B+A/B+C | |
| | | |
| | | |
| Direct | AC | BC |
| | BB | CC |
| | AAC | |
| | | |
| Dance/Mix | CC | |
| | | |
| | | |

No bonus for turn/jmp
Jump/Turn - (Jmp. Frm 2 ft/land on 1 ft = OK)

## SCORE CALCULATION

**9.5-VP-SR = BASE:** _____
- Restr. Skill _____ = New BASE _____

DV _____ } + _____ **Bonus*.30 is MAX and from BOTH categories.**
CV _____ }

**CC Acro** + _____ (.10 for 2 diff. C saltos & 1 B salto

**CC Dance** + _____ (.10 for 2 different C's)

**FINAL SV:** _____

- _____ **TOTAL Deductions**

**J1 SCORE:** _____ **J2 SCORE:** _____

**FINAL AVERAGE:** _____

## Specific Event Items:

____ F/S & B salto (.10)
____ B Turn (.20)
____ >2 tuck/wolf or straddle (.10)
____ "C" salto (.20)
____ Purposeful Choreo.(^.15)*includes .05 each for lack of "corners" choreo.
____ Focus Changes - Head (^.15)
____ Variety in poses/use all body (^.10)
____ Musicality (^.20)
____ Expression/emotion/facial (^.20)
____ Body Posture (^.30)
____ Footwork (^.30)
____ Dynamics (^.20)
____ **EXECUTION**

____ **TOTAL Deductions**

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Jan Eyman - Rev. Aug. 2026 Edits: Bonnie Crawford

# L10 FLOOR

**Athlete #** _____

Range: 9.5-10.0 (.20) 9.0-9.475 (.50) 8.0-8.975 (.70) Below 8.0 (1.0)

3 A (.10)
3B (.30)
2C (.50)

____ 1 acro pass w 2 saltos
Dir. or Indir.- w or w/o hand
____ 3 different saltos
____ Dance pass w/180º leap
Grp.1 elements must be diff.
____ C salto in last acro pass that was initiated

## BONUS REFERENCE

| | 0.1 | 0.2 |
|---|---|---|
| Indirect Acro | B+C | C+C |
| | A/B+A/B+C | A+A+D |
| | A+D | A+E |
| | | B/C+D/E |
| Direct | AC | BC |
| | BB | CC+ |
| | AAC | A/B+D/E |
| | | A A D or E |
| Dance/Mix | B+D/E | C+D/E |
| | CC | |

No bonus for turn/jmp
Jump/Turn - (Jmp. Frm 2 ft/land on 1 ft = OK)

D/E salto+ A Jump
Front 2/1 twist (E) will NOT qualify for the additional +.10

## SCORE CALCULATION

9.2-VP-SR = BASE: _____

DV _____ } + _____ Bonus*.50 is MAX and from
CV _____ } **BOTH** categories.

CC Acro + _____ (.20 for 2 diff. D/E saltos&1 C salto
OR ( 1 E salto and 1 D/E salto)
+ _____ (.10 for 2 diff. D saltos)
OR ( 1 E salto and 1 C salto)

CC Dance + _____ (.10 for 3 different C's)
OR ( 1 D and 1 C or ^ )

FINAL SV: _____
ADD _____ +.10 if 10.0 SV & .60 CV/DV
Plus Min. (1) E Acro.
- _____ TOTAL Deductions

J1 SCORE: _____ J2 SCORE: _____

FINAL AVERAGE: _____

## Specific Event Items:

____ F/S & B salto (.10)
____ B Turn (.20)
____ >2 tuck/wolf or straddle (.10)
____ "D" salto (.20)
____ Purposeful Choreo.(^.15)*includes .05 each for lack of "corners" choreo.
____ Focus Changes - Head (^.15)
____ Variety in poses/use all body (^.10)
____ Musicality (^.20)
____ Expression/emotion/facial (^.20)
____ Body Posture (^.30)
____ Footwork (^.30)
____ Dynamics (^.20)
____ **EXECUTION**
____ **TOTAL Deductions**